



From left, Vicki Triolo, Vicki Shankland, Judi Braid and Lydia Black photos by Di Saggau

A Festive Evening At Theatre Conspiracy

by Di Saggau

Theatre Conspiracy held its 20th annual New Play Contest fundraiser November 3 at the Alliance for the Arts, and it was a splendid gathering of

loyal supporters and actors. The evening began at 7 p.m. with a reception that included a variety of appetizers. The crowd mingled with old and new friends and everyone had a great time.

By 8 p.m. we were all seated inside the Foulds Theatre looking forward to actors reading from the three final plays. Artistic Director Bill Taylor welcomed the crowd and told us they had over 600 entries from around the world, including Canada, England and Brazil. The list was then



From left, Lyn and Jim Yarnes with Renee Burns

pared down to the final three. They were: *Flying* by Sheila Cowley of St. Petersburg, Florida; *America's Sexiest Couple* by Ken Levine from Los Angeles, California; and *Engagement Rules* by Rich Orloff from New York. The audience definitely favored the last two plays, which were comedies and had us laughing out loud. The final tally put *Engagement Rules* at the top of the list. It's about two couples – one young, one much older – and how

they advise and support one another on various subjects, including love, sex and the soul. It will be performed in the near future at Theatre Conspiracy. Taylor told us he also plans to eventually show *America's Sexiest Couple* which pleased the crowd.

Theatre Conspiracy is in its 25th consecutive season. Taylor told the crowd that Bruce and Janet Bunch, who were

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Thomas Edison's personal vehicle is one of the antique cars at the estates photo provided

Free Admission For Veterans At The Estates

Edison and Ford Winter Estates is offering free admission to United States veterans and one guest on Veterans' Day, November 11 and on Monday, November 12. Free admission includes

a self-guided audio tour of the historic homes, gardens, laboratory and museum. To receive free admission, veterans must present a VA identification card or their DD214 papers.

Edison and Ford Winter Estates, the internationally known winter home site of Thomas Edison and Henry Ford, is open from 9 a.m. to 5:30 p.m. seven days a week. More than 250,000 visitors walk

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Taste Of The Islands This Sunday



Crowds gathered at Sanibel Community Park for last year's Taste of the Islands

photo by Jeff Lysiak

by Jeff Lysiak

One of the best ways that local foodies can experience samples of some of Sanibel and Captiva's most eclectic and delicious cuisine is during Taste of the Islands, the annual fundraiser for the Clinic for the Rehabilitation of Wildlife (CROW). On Sunday, November 11 from 12:30 to 5 p.m., this year's lineup of 13 island restaurants will showcase some of their tastiest menu items at

Sanibel Community Park.

"We have an amazing lineup of restaurants this year," said Linda Estep, executive director for CROW. "This is a great opportunity for the community to come together to support each other after being hit hard with the effects of red tide this summer."

The 37th edition of Taste of the Islands will feature Blue Giraffe, The Bubble Room, The Clam Shack, Doc Ford's Rum

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Historic Downtown Fort Myers, Then And Now:

WWI Ends, Influenza Takes Hold



by Gerri Reaves, PhD

The biggest news in November 1918 was the Armistice, which ended World War I (WWI), “the War to End All Wars.” A cease-fire agreement was signed at Germany at Rethondes, France, at 5 a.m. and went into effect six hours later at “the eleventh hour of the eleventh day of the eleventh month” (now called Veterans Day). The war had begun in Europe in August 1914, but the U.S. did not enter it until April 1917 after declaring war on Germany and its allies.

Even so, more than 320,000 Americans died, were wounded, taken prisoner, or declared missing. An estimated 9 million people died worldwide.

Put those grim statistics against those from another international event that spread misery and death: the 1918 influenza pandemic.

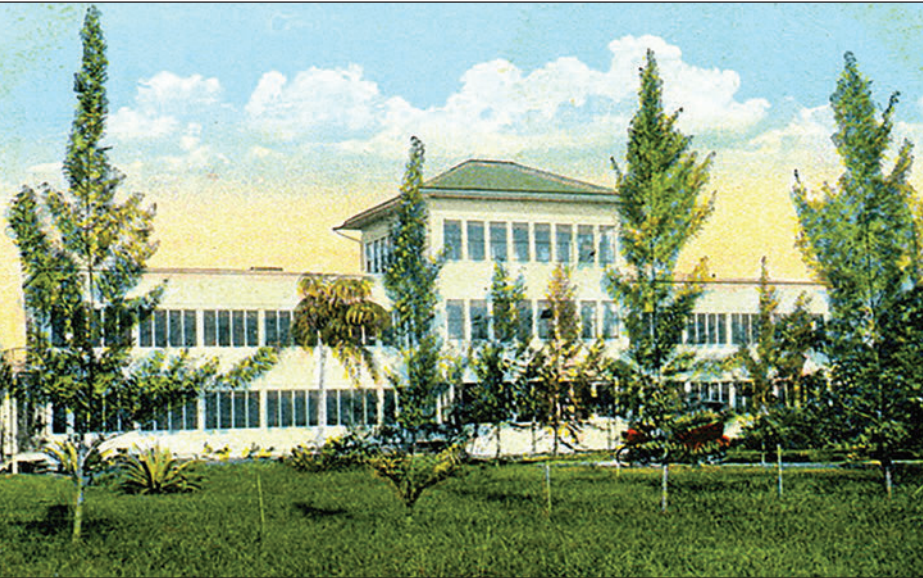
Even as the final weeks of WWI were being waged a century ago, the Spanish flu, as it was called, was poised to take center stage in the public’s attention. (Note: The epidemic did not originate in Spain.)

To put the 1918 pandemic in perspective, consider these statistics from the U.S. Center for Disease Control (CDC): An estimated 500 million people, about one-third of the world’s population, became infected with the influenza virus. An estimated 50 million people died worldwide, about 675,000 of those in the U.S.

The close quarters of WWI troops and their movements helped to spread the virus. In this country, it was first detected in military camps in spring 1918. That was the start of the first of three waves.

The second and worst wave, ran from September to November 1918.

Fortunately, the influenza outbreak in Fort Myers was not as severe as in many other parts of the country. Nevertheless, there were plenty of infections and some



The first Lee Memorial Hospital opened in October 1916 at Grand and Victoria Avenues. Originally a two-story square building with only four patient rooms and 10 beds, it had added two wings by 1920, as pictured here. Volunteers organized through the hospital aided in the 1918 influenza pandemic. photo courtesy Florida State Archives



Much of the lawn of the former hospital site is now the rear parking area for the Lee County Sheriff's Office, Civil Division photo by Gerri Reaves

deaths. By early October, Fort Myers was forced to take measures to control the epidemic. Gathering in groups was discouraged because of the fear of contagion.

Interestingly enough, it was generally lamented that the outbreak hampered Liberty Loan campaigns in support of the war. The Fort Myers Woman’s Club, among other organizations, cancelled meetings. By mid-October, the public schools and churches, as well as the Arcade Theatre, closed temporarily as a precaution. The theater reopened several weeks later, announcing that that it had undergone a thorough fumigation with formaldehyde.

During the second half of October, cases increased and the *Fort Myers Press* published announcements about people traveling out of town to the bedsides of flu-stricken loved ones. By the third week of that month, the *Press* optimistically stated that despite the many cases of flu, there had been no fatalities. Credit was given to the “grand climate” and local doctors.

However, within days, that optimism was proven unwarranted by the deaths of Mrs. RS Gillis of Hoople Street; school teacher Juliette Odom (Mrs. Fred) Menge; DC Dennie, proprietor of the Leon Hotel (from heart complications after influenza); and two-year-old Drane Albert Corbett.

By the beginning of November, entire families were sick and helpless. Fortunately, Lee Memorial Hospital had opened in October 1916 -- well-timed to offer some comfort during the epidemic. Even though the two-story square building resembling a screened-in Florida porch had only four patient rooms and was somewhat rudimentary, it was reassuring to the community. After all, it was the only hospital the area had had since the long-gone circa-1850 U.S. Army Fort Myers.

By October 1917, a new hospital (south) wing had been erected, thus increasing patient load. Volunteer community support could be organized through the hospital.

On October 27, the chairman of the Civilian Relief Committee called for volunteer nurses, characterizing the work as a chance “to demonstrate one’s idea of practical Christianity.”





Potential volunteers were asked to contact Supt. Edith Davidson at Lee Memorial. A few days later, the call for volunteers was repeated, and anyone who could make soup was asked to contact Mrs. Walter P. Franklin, the mayor’s wife.

The lack of scientific understanding about the virus or how it spread added to the distress. Viruses were not yet discovered and there were no diagnostic tests or vaccines. There were not even antibiotics to treat secondary bacterial infections like pneumonia from which many sufferers died.

Prevention consisted mainly of isolation, quarantine, good hygiene, disinfectants and limiting or avoiding public gatherings. Children in some parts of the state wore masks to school to prevent spreading the virus.

Phrases such as “droplet infection” appeared in posters printed by the U.S. Public Health Service. continued on page 8

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

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Alliance Campus Enrichment Project Begins

The Alliance for the Arts has announced the start of its multiphase campus enrichment project planned for the 2.2 acres along McGregor Boulevard. The first phase of this project comes in partnership with the Florida Department of Transportation: an installation of an 8-foot sidewalk, new crosswalks and lighting along the boulevard edge of the campus.

"The reimagination of the western edge of our campus goes hand in hand with our rapid growth over the last decade. More than a place to play, we see a community hub for discovery and creativity, education and adventure; a place where people, art and imagination meet," said executive director Lydia Black. "We're creating a front door for our friends and neighbors to bike, walk and stroll to join us at the Alliance. These updates will help make our community more walkable, livable and accessible."

Following the completion of the sidewalk installation, the Alliance and its project partners will begin on the campus centerpiece, the Caloosahatchee Water Wall by internationally acclaimed artist Michael Singer. In addition to being an aesthetic and educational piece, the Caloosahatchee Water Wall is designed to be a storm water run-off filter, using aeration and aquatic vegetation at its base to filter water in the retention basin. Water is pumped up from the retention basin;



Signage shows visual details of the enrichment project photo provided

the water trickles down the trellis and into the regeneration zone. The filtered water re-enters the basin and eventually makes its way out to the Caloosahatchee.

Funding for this project has been made possible by The City of Fort Myers, EnSite, Frizzell Family Foundation, Keep Lee County Beautiful, LAT Foundation, The Price Foundation, LCEC, National Endowment of the Arts, Price Foundation, Robert Rauschenberg Foundation, Rotary Club of Fort Myers South, TriCircle Pavers and a host of Alliance donors and members.

For more information, visit www.artinlee.org/waterwall or call 939-2787.✱



Jennifer Hope Wills



Sean MacLaughlin



Rob Gallagher



Ryan Shirar

Broadway Pops To Perform

Shell Point Retirement Community will kick off the performing arts program of its 2018-19 Fine and Performing Arts Series with The Golden Years of Broadway at The Village Church auditorium on The Island at Shell Point on Thursday, November 15 at 7 p.m.

Join Broadway Pops veterans Jennifer Hope Wills, Sean MacLaughlin and Rob Gallagher, with New York City-based orchestrator and arranger Ryan Shirar, as they bring The Golden Years of Broadway

to life. The musical group will include hit songs that set the standards for American musical theater, including *Oklahoma!*, *South Pacific*, *The King & I* and *The Sound of Music*.

Tickets are \$40 and can be purchased online at www.shellpoint.org/concerts or by phone at 454-2067.

Throughout the performance, Broadway Pops will captivate audiences with their entertaining and innovative production and more than 10 hit classics from the 1940s and 1950s era.

The Island at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers.✱

School Choir To Sing At Luncheon

The Southwest Florida Symphony Society will hear holiday songs and other selections by the Chamber Choir of the North Fort Myers Academy of the Arts at its luncheon on Friday, December 7. The 27 choir members are

students at the K-8 Lee County school, under the direction of teacher Stacy McDonald. Principal Dr. Thomas Millins will also add comments about the focus of this unique school.

Cost is \$25 per person, payable by cash, check or credit card at the door. To reserve, call 666-1230 by Friday, November 30. For more information, call 418-0996 or visit www.swflso.org.✱

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Mastersingers Chamber Chorus

photo provided

Mastersingers To Open Season This Sunday

The Fort Myers Symphonic Mastersingers Chamber Chorus, under the direction of Artistic Director Jeff Faux, opens the group's 18th season with *Shall We Dance*, an

afternoon of singing and dancing in collaboration with dancers from the M&N Dance Studio. The concert will be held at Sanibel Community Church, located at 1740 Periwinkle Way, on Sunday, November 11 at 3 p.m. Admission is free, and a goodwill offering will be taken during the performance.

Music for the performance will include familiar Broadway show tunes, contemporary choral pieces with dance

themes, and the Brahms Liebeslieder Waltzes. Dancers from the M&N Dance Studio will accompany many of these numbers with waltzes, tangos and other dances. In addition, there will be a demonstration of dance steps and a time for audience participation.

Best known for performances of well-known masterworks, the Mastersingers also presents innovative concerts like their *Night at the Movies*, featuring well-known music from films, a concert of three world premiere pieces, or accompanying a screening of *Star Wars* at Germain Arena.

"We like to add some different programming to our season schedule. It seemed that combining our talents with dancers was a natural fit. Choral music and dance are unique in that these forms

of expression use only the human body to communicate. This concert will combine these two art forms in a unique and fascinating way that will be inspiring and entertaining to our audience," said Faux.

Martin Cardoso of the M&N Studio said, "This is a wonderful opportunity for us. We don't often get the chance to dance to live music. It should be a great experience for all of us."

The singing and dancing will be accompanied by pianists Janet Carter and Judy Richey. Carter is the longtime Mastersingers' accompanist having played for the group since its inception. Richey is a teacher at Evangelical Christian School and has worked with many choral ensembles in the area.

For more information, visit www.mastersingersfm.com.✪

Science Museum Day At Center

The IMAG History & Science Center will host International Science Center and Science Museum Day on Saturday, November 10 from 11 a.m. to 2 p.m.

The event will begin in the IMAG Theater-in-the-Tank at 11 a.m. with a live science show using Enviroscope, a watershed model demonstration. At 11:30 a.m., there will be a talk sponsored by Ensate and Greenprint, local firms known for their expertise in landscape architecture, design and engineering and urban planning. The talk will focus on sustainable landscape design and

practices to minimize negative impact on water quality. This will be followed by a question-and-answer session under the FPL SolarNow Pavilion. Hands-on activities about water quality will be held between 12:30 and 2 p.m. Check out our Backyard Nature exhibit to learn how you can reduce water pollutants starting with your own backyard.

International Science Center and Science Museum Day is an annual, global event to illustrate the impact of science museums across the world in education, sustainability, human health and other global matters. This year's focus is on Science, a Human Right and global understanding to demonstrate science as a bridge in our local communities as well as internationally.✪

Hogs And Air Dogs Weekend

Gulf Coast Humane Society (GCHS) is inviting animal lovers and their furry friends to Hogs and Air Dogs, an action-packed weekend at Six Bends Harley-Davidson in Fort Myers from November 9 to 11. The event will have several fun activities for the entire family, including Dock Jumping and Doxie Races, from 9 a.m. until 5 p.m. each day.

K9 competitors and their handlers will travel to Six Bends Harley-Davidson from around the nation for the National Dock Jumping competition, the activity popularly seen on the Purina Incredible Dog Challenge. The public can also bring their

furry athletes to try their dock-jumping skillset. Pre-registration is suggested and available online at www.hogsandairdogs.com, although not required to participate.

The goal of the event is to raise funds for GCHS through sponsorship and vendors. There are sponsor levels available to fit a wide array of budgetary and promotional considerations, and all funding will support the no-kill shelter that rescues and cares for more than 1,500 animals in need every year.

Sponsorship opportunities include Ultimate Air at \$2,000; Big Air \$1,000; Splash \$500; and Puddle \$250. All sponsorship and vendor space are on a first come basis.

Visit www.hogsandairdogs.com for more event and sponsorship details.✪

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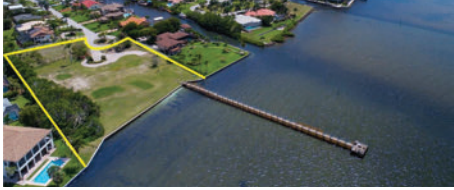


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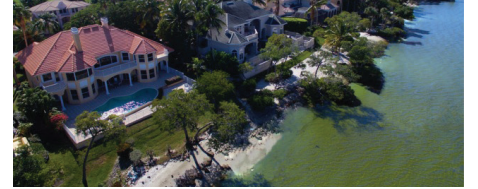
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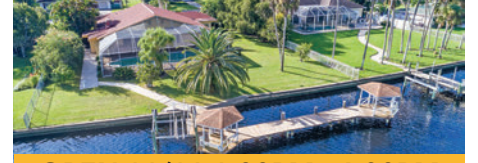
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Fort Myers Art:

Sanibel Gallery Hosting Late Artist Retrospective



by Tom Hall

Hollis Garland Jeffcoat devoted the major part of her adult life sharing with viewers her visceral experience and unique perception of the beauty of the natural environment in

which she lived. When she died on April 28 in Fort Myers at the age of 65, Hollis left behind a trove of elegant, gestural, color-saturated paintings that attest to her genius. And to fulfill Jeffcoat's wish that she be remembered for her work, her long-time friend and partner Maureen Watson is curating a retrospective at Sanibel's Watson MacRae Gallery in November that will celebrate her life and accomplishments.

"*Hollis Jeffcoat: My Life in Paint* will begin with her first painting as a professional in France in 1976 and end with her last painting on Sanibel Island in 2017," posted Maureen Watson in the gallery's online newsletter. "Paintings, drawings and prints from her major series will fill the gallery."

The opening reception for *Hollis Jeffcoat: My Life in Paint* takes place on Thursday, November 15 from 5 to 7 p.m.



Hollis Jeffcoat and Maureen Watson

"Please join us for this wonderful exhibit, as we remember our beloved Hollis Jeffcoat," Watson added.

Watson MacRae Gallery is located in Suite B3 at 2340 Periwinkle Way on Sanibel. For more information, call 472-3386 or visit www.watsonmacraegallery.com.

An exposé of Hollis Jeffcoat's work

Hollis was a highly accomplished, well-regarded and critically acclaimed abstract expressionist. She lived, worked and taught in France, Canada, New York City and Southwest Florida. Over the course of her illustrious 41-year career, her paintings were the subject of more than 20 solo and nearly four dozen group exhibitions in the United States, Canada and France.

During the final years of her life, Jeffcoat explored the relationship between

photo courtesy www.artswfl.com

color and sound. A chromesthetic, Hollis saw color every time she heard a sound. Chromesthesia is a subset of synesthesia, a neurological phenomenon in which the stimulation of one sensory or cognitive pathway (such as hearing) leads to automatic, involuntary experiences in a second cognitive pathway (such as sight).

Living on Sanibel since 2008, Jeffcoat immersed herself in the island's unique panoply of sounds. She filled her creative soul with the gentle sound of water slapping mangrove knees, evening zephyrs stirring palm fronds and the chirps and calls of reddish egrets, roseate spoonbills and yellow-crowned night herons. For Jeffcoat, water lapping along the shoreline and the warble of native ospreys gave rise to her most intense synesthetic experiences.

"Because I'm so attuned to nature, I see different shades, hues and intensities of green," Hollis once explained. They burst like fireworks across her mental movie screen before morphing like a kaleidoscope or fading as the sound changed, got louder or abruptly ended.

Jeffcoat studied at the Kansas City Art Institute and New York Studio School. She also apprenticed for three years with Joan Mitchell in France and took lessons from and taught for local legend Gail Bennett.

Soon after she decided to embrace her unique way of experiencing the world, she entered into a groundbreaking collaboration with Peabody, Edward R. Murrow and Emmy Award-winning composer and flutist Kat Epple to create an exhibition titled the *Sound of Color*.

In the final years of her life, Hollis gave herself over to expressing her own highly-personal reactions to nature-based sounds and the ripples of color they spawned. While Jeffcoat's viewers can never experience the precise emotions that gave rise to her deeply evocative compositions, the body of work she leaves behind provides myriad portals of resonance and connectivity.

Through the centuries, artists have strived to develop new and important ways of seeing and experiencing our environment. In this regard, Jeffcoat's oeuvre affords present and future generations a novel and heretofore-unexplored platform for examining their own relationships with nature, the ecology and the products of their senses, including those of taste and smell. This is Hollis Jeffcoat's legacy. It's why her work is sure to endure.

Her paintings can be found today in numerous private and corporate collections, as well as the permanent collections of the Metropolitan Museum of Art, Brooklyn Museum, The Morgan Library, The Contemporary Museums of Art in Montreal and Quebec City, and the Pierre Matisse Collection.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.✧

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Home Base To Hold Veterans' Day Telethon

Many local residents might not have heard of Home Base, a Red Sox foundation and Massachusetts General Hospital program, but that is about to change thanks to a local media station committing to promoting the nonprofit program on Veterans' Day 2018.

Waterman Broadcasting will televise the inaugural Home Base Veterans' Day Special on their affiliate ABC Channel 7 on Sunday, November 11 from 7 to 8 p.m. This 60-minute, commercial-free television event will focus on Southwest Florida Veterans and Service Members who have benefitted from the support and treatment available at Home Base. These individuals have bravely volunteered to share their story in hopes of educating the community at large about the invisible wounds of war and reducing the stigma surrounding mental health.

"Waterman Broadcasting is excited to partner with the Red Sox Foundation to help fund the Southwest Florida mission for Home Base," said Steve Pontius, executive vice president and general

manager. "This is a wonderful way for ABC7 to help serve the veterans who unselfishly served our nation."

Though Home Base is headquartered in New England, all funds raised by the Florida Veterans' Day broadcast will remain in the community, allowing the program to continue providing life-saving care to a region more than 130,000 veterans call home. Home Base's Southwest Florida Program was created to empower local veterans and warriors to take control of their physical well-being, provide tools to help manage stress and provide complex care for those in need of treatment for the invisible wounds. To date, Home Base has served more than 700 veterans and family members.

The Veterans' Day broadcast will ensure Home Base is able to continue to have an impact in the Southwest Florida region. Donations will be accepted before, during and following the aired broadcast and can be made by visiting www.homebase.org/contribute/signature-fundraising-events/veterans-day-telethon-special or calling 1-866-615-8387.

For more information visit www.homebase.org/home-base-southwest-florida or contact Armando Hernandez, CSCS, Home Base Southwest Florida program director at 770-2414 or ahernandez17@mgh.harvard.edu.✧

Shelter Supply Drive Deemed A Big Success

The Cape Coral Animal Shelter (CCAS) pet supplies drive for animal rescue devastated in the Florida Panhandle was a great success. Local businesses in Cape Coral and Fort Myers donated space for supplies to be collected and the response was overwhelming. Volunteers picked up from six drop off locations in Cape Coral and Fort Myers and then loaded a 15-foot box truck to capacity with dog and cat food, towels, sheets and blankets, cat litter, toys, grooming and cleaning supplies, crates, pet beds and just over \$2,000 in cash. Jen Buffington, CCAS fundraising director, and Judy Sowers, CCAS board member, drove the supplies to the humane societies of Leon, Gulf and Walton counties in the Panhandle for distribution.

The first stop for delivery was the Alaqua Animal Refuge center which had 300 displaced pets. Next stop was St. Joseph Bay Humane Society which was one of the hardest hit areas within the deliveries by CCAS. Buffington and Sowers described the area homes to be "literally inside out." They were in desperate need for donations and working hard to manage the situation. The final stop was Leon County Humane Society where the supplies were distributed to other shelters and



Volunteers load a box truck with pet supplies for the Florida Panhandle

photo provided

the general public in need. The relief efforts were greatly appreciated by the animal facilities as they manage the pets displaced from the devastated areas.

CCAS Board President, JoAnn Elardo stated, "We are grateful for the community generosity in Cape Coral and Fort Myers during this effort.

Businesses and volunteers rallied to make this a success, and we are proud to be able to help even as we are still in the process of building."

On November 1, CCAS held a formal ground-breaking ceremony for the building site of the future shelter located at 325 Southwest Second Avenue in Cape Coral.✱

Museum Opens Pop-Up Store At Sanibel Outlets

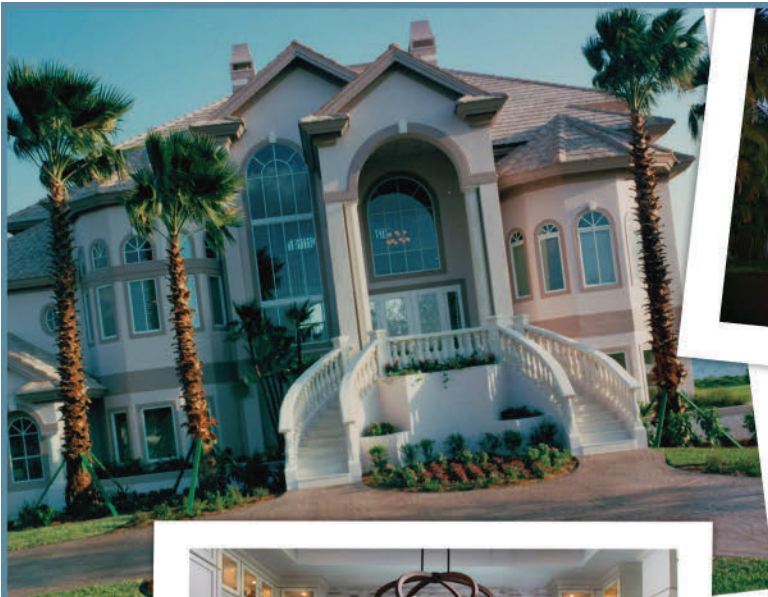
The Bailey-Matthews National Shell Museum has opened a seasonal pop-up store at the Sanibel Outlets in Fort Myers, where shoppers can find the museum's premier collection of gifts just in time for the holidays.

Museum staff will help shoppers find an exquisite piece of jewelry from Congress Jewelers' Sealife by Congress collection, the perfect children's gifts and books, or fine home décor designed for Florida living.

November 25 will be Museum Store Sunday from 10 a.m. to 7 p.m. at the pop-up store. More than 700 museum stores representing all 50 states, 10 countries and three continents participate in Museum Store Sunday. During this post-Thanksgiving event, shoppers will receive a 25 percent discount storewide (fine jewelry excluded).

The museum's pop-up store is open to the public November through April during regular outlet hours, located at 20350 Summerlin Road, between Swim Mart and Maidenform. Phone 437-1502.

For more information, contact Gretchen Falk at gfalk@shellmuseum.org or 395-2233.✱



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Along The River

Join a **bird patrol** guide during a walk on **Bunche Beach** this Saturday, November 10 at 7:30 a.m.

Provided in cooperation with Lee County Parks and Recreation, the beachfront walk is free with paid parking of \$2 per hour (tour is approximately two hours). Participants meet on the beach located in South Fort Myers, off Summerlin Road.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature. For more information, call 707-3015 or visit www.birdpatrol.org.

The **Alliance for the Arts** will host the **Arts & Ends Holiday Sale** this Saturday, November 10 from 10 a.m. to 6 p.m. The art sale will also feature activities throughout the day, including interactive art projects and artist demonstrations. Local artists will present and sell hand-crafted items in a wide variety of mediums and styles in the Alliance gallery.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org.

The 30th annual **Arts for ACT Gala and Fine Art Auction** will be held at **Hyatt Regency at Coconut Point** this Saturday, November 10 from 5 to 10 p.m.

Presented by Bill Smith Appliances and Electronics, the popular auction will benefit Abuse Counseling and Treatment, Inc. (ACT). Tickets are \$175 each and



Wedding services at the Burroughs Home will be showcased at the inaugural Brunch on the River: An Inspirational Bridal Exposé photo courtesy www.burroughshome.com

\$1,800 for a reserved table of eight. Guests may purchase tickets by visiting www.artsforact.givesmart.com or by calling 939-2553.

Hyatt Regency at Coconut Point is located at 5001 Coconut Drive in Bonita Springs. For more information, visit www.actabuse.com.

The **Burroughs Home & Gardens** will hold its inaugural **Brunch on the River: An Inspirational Bridal Exposé** this Sunday, November 11. The event showcases the venue's expansive waterfront views, alongside an array of over 45 wedding professionals and

services. Cost of admission is a \$5 donation to the Uncommon Friends Foundation that maintains the historic property. Valet parking will be available.

The event is for discerning bridal couples who want their upcoming wedding to be both personal and extraordinary. Attendees will meet standout caterers, officiants, photographers, florists and a variety of the most creative and reliable wedding vendors in Southwest Florida.

Engaged couples and brides-to-be can pre-register for the showcase at <http://brunchontheriver.planningpod.com>. To view the photo gallery and learn more about weddings, tours and other events at the Burroughs Home & Gardens, visit www.burroughshome.com or call 337-0706.

The **Lee County Community Band** will begin its 133rd season with a lively, fun-filled, free concert at **Cape Coral High School** this Sunday, November 11 at 3 p.m.

The 50-member adult band will perform six concerts between November and April. Programs typically include a mix of energetic marches, Broadway hits, old favorites, patriotic songs and a sing-along with emcee and vocalist Norman Jones.

Cape Coral High School, which hosts all of the community band concerts,

is located at 2300 Santa Barbara Boulevard. For more information, visit www.leecountyband.org.

The **Seminole Diet** is the topic in the second part of a speaker series at the **The Mound House** on Fort Myers Beach this Tuesday, November 13. Refreshments will be served at 5:30 p.m., with the lecture to follow at 6 p.m. Admission is \$5.

Brandy Norton, a field technician with the Seminole Tribal Historic Preservation Office, will discuss the conclusions researchers have reached about the diet of this Native American population. Considered "tree island" people, the prehistoric Seminoles seem to have eaten mostly turtle, fish and snake. Archaeologists examining 19,149 bones from a 2016 excavation in the Okeechobee area also used oral histories of the Seminole people to draw this conclusion.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information, call 765-0865 or go to www.moundhouse.org.

A **presentation** by the Sanibel-Captiva Conservation Foundation on the **2018 Water Crisis** will be held at the **Bailey Homestead Preserve** this Thursday, November 15 at 7 p.m. Tickets are \$10.

Speakers will be addressing the red tide in the Gulf, the freshwater toxic blue-green algae in the Caloosahatchee and the devastating effects on marine life and our coastal economy. You will learn about what happened from a scientific, policy and business perspective, the formation and recovery of a dead zone offshore in the Gulf, and steps we can all take to prevent and minimize future disturbances to regional water quality.

There will be presentations and a panel discussion with Rae Ann Wessel, SCCF natural resource policy director; Dr. Eric Milbrandt, SCCF marine lab director; James Evans, director of natural resources – City of Sanibel; Dr. Rick Bartleson, SCCF research scientist; and Kelly Sloan, SCCF Sea Turtle Program coordinator.

For tickets, visit www.sccf.org, click on Resources, then Calendar and follow November 15 link to Eventbrite.

Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel. Call SCCF at 472-2329 with any questions.✪

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From page 2 Historic Downtown

Health Service, urging the use of handkerchiefs for protection.

By June of 1919, influenza had ceased to be a recurring topic in the news. The virus subsided and exited the scene as inexplicably as it had entered it.

Walk through downtown and imagine the closing of the Arcade Theatre, churches and schools to prevent the spread of the flu, even as people celebrate the end of a world war.

Then learn more about the history of epidemics in Fort Myers and how they were handled at the following two research centers.

The Southwest Florida Historical Society is an all-volunteer, non-profit

organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *Fort Myers Press*, and www.cdc.gov.✪

Summit Christian School Homecoming And Fall Festival



Summit Christian School Students set up carnival games for the Homecoming & Fall Festival. The middle school students raised money for their end of year camp. photos provided



Evans Events thrilled Summit Christian students and families with face-painting and balloon artistry submitted by Marti Maas

Fun and food were the face of the Homecoming and Fall Festival held at Summit Christian School on October 19. Approximately 200 to 250 family members, children, alumni, teachers and other school supporters swarmed the Westminster Presbyterian Church campus to enjoy the party.

"This festival is a great community-building event," said Head of School Kyle Mast. "We're celebrating the past, present and future of Summit Christian School as we see current families and teachers mingling with alumni, school supporters and church members."

The Parent Teacher Fellowship (PTF), led by parent Holly Loucks, organized middle school volunteers for carnival games and parent volunteers for other tasks. Children with faces painted like tigers and butterflies scampered from game to game. The carnival included many games as well as balloon sculptures, a bounce slide and refreshments.

The carnival activities happened in

the church courtyard and sports field. Inside a campus building, partygoers ate Mission Barbecue, while kids' meals were hot dogs and mac and cheese. Also, fall sweets were available for purchase.

School board members Jackie Muse and Terri Lee, along with school administrators, coordinated planning with PTF. Lee and Muse focused on notifying alumni and creating a "memory lane," displaying old yearbooks and pictures from the past. They also coordinated the dinner from Mission Barbecue and the harvest decorations. Parents, teachers, and school supporters volunteered to make the event successful.

Summit Christian School is a ministry of Westminster Presbyterian Church, located at 9065 Ligon Court, near Lexington Country Club and across from Healthpark Hospital. Since its beginning in 1991, Summit Christian School has grown into a pre-school and K-8 program with 127 students, which includes pre-school classes at the Sanibel Community Church location.✧



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The Southwest Florida Concert Band

Southwest Florida Concert Band To Begin Season

The new Southwest Florida Concert Band will present its first concert of the season in the auditorium of South Fort Myers High School on Sunday, November 18 at 2 p.m. The concert will be a salute to veterans and include *Armed Forces Salute*, Leonard Bernstein's *America*, *The Blue and the Gray*, *Appalachian Morning*, John Philip Sousa's *The Stars and Stripes*

Forever and God Bless America as well as a lively Latin number featuring the trumpet section playing *Trumpets Olé* and a stirring overture called *Fantasy on American Sailing Songs*. This will be the second season of the Southwest Florida Concert Band. As a registered non-profit musical organization the new band traces its roots to the now closed Lehigh Concert Band where for 38 years that band performed in many different capacities to provide concerts and musical groups in Lehigh Acres. The creation of the Southwest Florida Concert Band as Fort Myers newest community concert band fills a niche as a smaller more

compact musical group of up to 50 musicians as opposed to the other larger (up to 100 members) groups that perform in this part of Florida. Theseason's line-up includes the Christmas Music for Kids of All Ages and include music from the movies *Polar Express* and *Frozen*, *Canadian Brass Christmas Suite*, Leroy Anderson's *Christmas Festival*, *Hanuka Festival of Lights*, *Christmas From the 50's*, a *Christmas Carol* sing-along with the audience and more festive music concluding with the performance of *The Night Before Christmas*. January will feature music from Broadway including *Fiddler on the*

photo by Terri Leach, Sea Terri Photography
Roof, Oklahoma, Les Miserables, The Phantom of the Opera and also feature Glen Miller in Concert and Gabriel's *Oboe*. February will be a program of music by John Williams featuring music from *Star Wars*, *Jurassic Park*, *Indiana Jones*, *Schindler's List*, *Superman* and also Sammy Davis in Concert and the trumpet solo *Tico Tico*. South Fort Myers High School is located at 14020 Plantation Road in Fort Myers. For more information on the band, the scholarship program, to listen to our recordings or becoming a member, visit www.swflconcertband.org.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.
ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.
ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.
BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296.
BETH SHILOH MESSIANIC SYNAGOGUE
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.
BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.
BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.
CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.
CHAPEL OF CYPRESS COVE
Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.
CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.
CONGREGATIONAL
Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.
COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.
CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake

Drive, 481-5442.
CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.
CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.
FAITH FELLOWSHIP WORLD OUTREACH
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.
FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.
FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.
FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.
FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.
FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.
FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.
IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.
JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.
KINGDOM LIFE
Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.
LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambofgodchurch.net, 267-3525.
NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.
NEW COVENANT EYES
Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.
NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.
NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.
PEACE COMMUNITY
Sunday 10:30 a.m. www.17671PineRidgeRoad.com, 267-7400.
PEACE LUTHERAN
Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.
REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.
RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.
SAMUDRABADRA BUDDHIST CENTER
Meditation classes. MeditationInFortMyers.org, 567-9739.
SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.
ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.
SAINT JOHN THE APOSTLE

METROPOLITAN
Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.
SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.
SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.
ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.
SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.
TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.
TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org, 14486 A&W Bulb Road, 433-0201.
THE NEW CHURCH
Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.
UNITARIAN UNIVERSALIST
Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.
UNITY OF FORT MYERS
Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.
WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.
WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.
ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✧

CROW Case Of The Week:

Bobcat



by Bob Petcher

The bobcat (*Lynx rufus*) is named for its short, bobbed tail. The fur of the medium-sized cat can be marked with spots or stripes of brown or black

As one can tell by its scientific

name, the bobcat is closely associated with the lynx. In fact, the two cousins are oftentimes confused for each other. There are differences. A lynx has longer ear tufts than a bobcat, while the bobcat looks a bit more like an overgrown house cat than say a lynx does. A lynx also has larger feet and longer legs than a bobcat, while a bobcat has a more varied diet. Bobcat tails have banding, while lynx tails are completely black at the tip. While the bobcat is adaptable to its habitat, the lynx is more likely to live in the colder climates and traverse through deeper snow due its longer legs.

At CROW, an adult female bobcat was admitted from Fort Myers after it was likely hit by a car. The rare patient – the clinic has received under three bobcat cases per year over the last five years, and only one other bobcat this year – was reported to have blood in its mouth and that its back legs were not working.

For the safety of the veterinary staff,

the bobcat was sedated prior to being examined. Once the patient was sedated, staff performed an exam and took radiographs. The radiographs revealed a fractured pelvis and some abnormalities in the patient's abdomen indicating a diaphragmatic hernia and free gas in the abdomen. This was confirmed using ultrasound.

"The severe condition of the lungs was from the blunt trauma that was sustained from the car," said Dr. Kyle Abbott, CROW veterinary intern. "The amount of bruising (contusions) in the lungs resulted in poor lung function. The diaphragmatic hernia meant there was a large tear in the diaphragm allowing the abdominal organs to enter into the chest and also compromise breathing. The only treatment for a diaphragmatic hernia as large as this one was to perform surgery. The pelvic trauma on its own may have required surgery and, with or without surgery, would require at least six to eight weeks of healing before the bone could be fully healed."

CROW's veterinary team prepared to take the bobcat to surgery immediately and placed an IV catheter and intubation tube. During preparations, however, the patient's heart rate slowed as the patient went into cardiac arrest. Despite a dose of atropine using the IV catheter, the team was unable to revive the bobcat and it passed away.

"Atropine is one of many drugs that is administered during CPR to address life-threatening abnormalities in cardiac function," said Dr. Abbott. "A drug alone cannot resuscitate a patient, but when used in conjunction with chest



Patient #18-4142 receiving treatment before succumbing to its many injuries

photo by Brian Bohlman

compressions and manual respirations, there is a chance the patient can be resuscitated. Unfortunately, despite efforts to resuscitate the bobcat, the injuries were too severe for it to overcome, and the bobcat passed away."

The bobcat would not have had even a fighting chance of survival if not for the emergency response nature of a wildlife hospital.

"The emergency response for this case was essential in giving the bobcat a fighting chance," added Dr. Abbott. "The bobcat suffered severe injuries from being hit by a car, which included a diaphragmatic hernia, lung contusions

and a fractured pelvis. The emergency response allowed us time to assess the patient prior to intubating the patient under sedation and ventilating with oxygen. This was important as the bobcat was unable to properly breathe with how compromised the lungs were."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

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Big Redfish In The Passes



by Capt.
Matt Mitchell

Another week of cooler mornings brought great fishing action and was enjoyed by everyone this week. Big redfish and snook kept clients smiling as the bite at times could only be described as stupid. I don't ever remember such a long period of catching at least one slot-sized snook on just about every trip. Action on redfish has been either really big fish or small fish with really nothing in between. During calm winds or periods of east wind, the action out on the beaches has been nonstop with lots of Spanish mackerel, ladyfish and jacks keeping the rods bent. We still have tarpon and lots of sharks out on the beaches in the same places as the feeding mackerel; it's just a matter of getting a calm day.

Getting out gulfside and running crab pots for tripletail has been very productive too. Most of these tripletail are on the small side of the new 18-inch minimum, though if you put in your time, you will find some keepers. I have had a few reports of a few real monsters close to the magical 20-pound mark out a little deeper around the Belton Johnson Reef and Paces Place. With so many stone crab pots out, it's just a matter of running

and looking until you see one sitting under a crab buoy. Live shrimp are hard to beat for bait and, depending on your skill level of casting, you can either free line the shrimp or put it under a float. A trolling motor is an amazing tool for this fishing as these fish, especially the larger ones, can be very spooky at times.

I'm still catching shiners though I have moved away from throwing nets on the causeway and the beaches and have gotten back to chumming them on shallow grass flats to get the medium-to larger-sized baits. It seems most of the bait on the bridges and beaches right now is on the smaller side. What this small bait lacks in size, it makes up for in sheer numbers as often it only takes one cast to have enough for the day's fishing. I've also been taking hand-picked shrimp as some days the better bite on redfish has come bouncing a live shrimp on a jighead.

While out with longtime returning clients from Indiana this week, we had one of the best days of fishing I have experienced in months. We lost count of the big redfish we landed all over 30 inches, along with lots of snook including two of them over 30 inches. We even managed three bonus unexpected keeper black drum up to 22 inches. Hand-picked shrimp rigged on a quarter ounce jighead fished in the passes during the last few hours of the falling tide proved to be the set-up for some of the craziest action I can remember in a long time. Double and even triple hook-ups on all over-the-slot-sized redfish came at times as quickly as you could get a bait in. But when returning later in the day during the low incoming tide, the bite was done.



Kurt from Indiana with a 38-inch redfish caught and released with Capt. Matt Mitchell this week photo provided

The big redfish of the week on my boat measured 38 inches though I had reports from other captains with redfish as big as 48 inches caught in all of our local passes during the outgoing tide.

Capt. Matt Mitchell has been

fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.*

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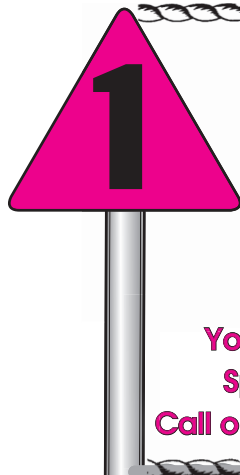
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Dave Doane

Plant Smart

American Beautyberry

by Gerri Reaves

Few native Florida shrubs have such an eye-popping fruit “presentation” as American beautyberry (*Callicarpa americana*), with its clusters of shiny magenta berries.

Native to the southeastern U.S. and a member of the verbenaceae family, this species thrives throughout the state.

The species name is quite apt: *Callicarpa* means callos or “beauty” in Greek, and *carpos* means “fruit.”

Other common names for this fast-growing species include French or American mulberry, sourbush (for the fruit’s astringency), bunchberry and purple beauty-berry.

This plant has it all – wildlife friendliness, low maintenance, wind resistance and notable ornamental beauty.

More than 40 species of songbirds consume the fleshy fruit, which persists on the stems for months, a boon for migrating birds. Various small mammals and white-tailed deer also eat it.

Some sources state that the fruit is not toxic to humans. It is unpalatable but can be made into jelly.

It grows five to eight feet tall with an almost equal width, an open form and arching branches.



Tiny lavender-pink flowers appear in the leaf axils
photos by Gerri Reaves

It is very suited to a mass planting or natural garden, where it requires no maintenance.

Butterflies and bees are attracted to it, another reason to include it in a natural garden.

The shrub is deciduous in northern regions and evergreen in the far south.

The opposite aromatic leaves are three to six inches long and oval or elliptical with serrated edges and points at both ends. New leaves and the undersides of old ones are covered with star-shaped hairs.



American beautyberry’s fruit clusters are an outstanding ornamental feature. Numerous bird species consume the fruit.

Clusters of four-lobed flowers appear between leaf pairs on the four-sided woody stems. The lavender or pink flowers measure about a sixth of an inch long. They bloom year-round in South Florida, peaking in late spring to summer and followed by clusters of 40 to 50 purple or magenta berries that encircle the stems.

Each round berry is about an eighth of an inch across and contains two to four tiny seeds.

Give this shrub moist but well-drained soil and full sun for best fruiting. It will grow even in nutrient-poor soil but needs some organic content to do well.

It is drought tolerant but intolerant of salt. Propagate it with seeds or cutting, or transplant the self-sown seedlings. A white-fruited variety (var. *lacteal*) is also available.

The shrub has various practical uses, too. Native American tribes used the roots, leaves, and branches medicinally. Its terpenoid content (e.g. callicarpene and intermedeol) compares to that of the well-known insect repellent DEET.

Early twentieth-century farmers benefitted from this insect-repelling by rubbing crushed leaves on their bodies and by applying them beneath harnesses on horses and other animals.

Sources: *Florida Gardener’s Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida, My Eden* by Frederic B. Stresau; *Florida Plants for Wildlife* by Craig N. Huegel; *Florida’s Incredible Wild Edibles* by Richard J. Deverling and Peggy S. Lantz; *A Gardener’s Guide to Florida’s Native Plants* by Rufino Osorio; *Native Florida Plants* by Robert G. Haehle and Joan Brookwell; *The Shrubs and Woody Vines of Florida* by Gil Nelson; *Wild Plants for Survival in South Florida* by Julia F. Morton; www.edis.ifas.ufl.edu; www.floridata.com; www.fnps.org; www.plants.usda.gov; and www.regionalconservation.org.

*Plant Smart explores the diverse flora of South Florida.**

Estates To Host Garden Festival

Edison and Ford Winter Estates will hold its annual fall Garden Festival on Saturday, November 17 from 9 a.m. to 5 p.m. and Sunday, November 18 from 9 a.m. to 4 p.m. More than 40 garden vendors from all over the state of Florida will have exotic and tropical flowering plants and trees for sale.

“If you’re looking for a really unique plant that you don’t already have, this is the place to find it,” said Debbie Hughes, senior horticulturist with Edison and Ford Winter Estates. “I hope everyone will spend the day shopping for plants and enjoying some great music and food with us.”

The Edison Garden Shoppe will be open and stocked with unusual tropical, native and heritage plants that have been proven to thrive in Southwest Florida. Ceramic flower pots, vegetable and flower seeds, garden art and gardening gift items will also be available.

Vendors will be on site with palms, fruit trees, vegetables, bromeliads, hibiscus, butterfly plants, African violets, orchids, air plants, herbs, succulents, cacti and many hard-to-find species. Vendors will also offer garden supplies and gift items, such as mulch, trellises, pottery, cut flowers, hats, jewelry and artwork.

The festival will feature live music, Millennial Brewing Company will have a special brew made from Edison Ford citrus, and several food trucks will be on

site. There will also be a kids gardening activity for the little gardeners.

A limited number of carts will be available, so guests are encouraged to bring a cart or wagon for transporting plants. A designated plant holding tent and loading spot will be offered for anyone needing assistance. Parking and admission to the festival is free.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, call 334-7419 or visit www.edisonfordwinterestates.org.*

Guided Walk At Preserve

Celebrate the Veterans Day holiday early with a free guided history walk at Wild Turkey Strand Preserve on Saturday, November 10 from 8 to 10 a.m.

The Conservation 20/20 preserve includes remnant structures from the Buckingham Army Airfield Flexible Gunnery School, a training base operated by the U.S. military in Lee County during World War II. Remnant structures to tour onsite include multiple munitions buildings and an elevated embankment that was used for gunnery training with moving objects to simulate air-to-air combat.

Nearly 50,000 acres in Lee County were once used as part of the Buckingham Army Airfield training base. Beginning in 1942, military recruits from across the country were trained at

the base as turret gunners assigned to bomber planes flying over the European and Pacific Theaters. The airfield was deactivated in 1945 when the war ended.

The two-mile walk will be guided by historian Jim Zbick from the Southwest Florida Military Museum & Library. The tour will take visitors through predominantly pine flatwoods and cypress swamp. A portion of the trail is ADA-accessible.

Participants should bring a water

bottle, hat, sunscreen and camera and wear closed-toed shoes. The tour will begin at the preserve parking entrance. Parking is free. Reservations are required in advance by contacting Jason Boeckman, Conservation 20/20 coordinator, at 204-1125.

Wild Turkey Strand Preserve is located at 11901 Rod & Gun Club Road in Fort Myers. For more information, visit www.conservation2020.org or www.swfmm.org.*

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Tax Collector Staff Surpasses Fundraising Goal

The staff of the Lee County Tax Collector raised more than \$38,000 this year for the United Way of Lee, Hendry, Glades and Okeechobee Counties, surpassing their \$30,000 goal. The Tax Collector's Office is once again a United Way Pacesetter organization and received recognition at the October 30 United Way Campaign Kickoff breakfast.

"The United Way provides vital support to organizations that help so many people in our community," Lee County Tax Collector Larry Hart said. "I couldn't be prouder of our staff."

Tax Collector employees generated the funds through payroll deductions as well as internal raffles, candy sales, paying a small fee to wear blue jeans to work and other creative initiatives. The \$38,320.13 goes toward the United Way's goal of raising an awe-inspiring \$10,301,386 in Southwest Florida during its 2018-19 campaign.

Hart sits on the local United Way Board of Directors, and he's the chair of Mission United, a United Way initiative to give veterans a single number to dial for access to the services they're entitled to.

"As an Air Force veteran and former police chief, I'll always have a special place in my heart for those who served," Hart said. "I'm so pleased to be able to



Larry Hart

photo provided

make their lives better through my work with the United Way."

More than 100 agencies and 250 programs receive assistance from the United Way of Lee, Hendry, Glades and Okeechobee Counties. It has raised and distributed more than \$167 million since it was established in 1957.

Local United Way beneficiaries include the Alvin A. Dubin Alzheimer's Resource Center, Partners for Breast Cancer Care, the Harry Chapin Food Bank, the Boys and Girls Clubs and many more.

Visit www.leetc.com and check out the Blog page for updates on the tax collector's efforts to give back.✧

Free Trolley Service Resumes Downtown

LeeTran's seasonal downtown trolley service has resumed. The free rides began November 8.

Both the Blue and Gold Line trolleys provide free access to and from historic downtown Fort Myers. This allows a hassle-free way to aid in shopping, dining and entertainment the district offers without having to drive and park downtown.

The Blue Line runs through downtown Fort Myers. The route loops from the Oasis Condominiums to West First Street and McGregor Boulevard along First Street, then to Rosa Parks Transportation Center, Fowler and Second streets and then returns to the Oasis Condominiums.

The Gold Line connects North Fort Myers with downtown Fort Myers. The route runs from Rosa Parks Transportation Center, over the Caloosahatchee Bridge, and then loops back via North Key Drive to Beau Drive and Hancock Bridge Parkway, then back across the bridge, down First Street and returns to Rosa Parks.

The seasonal downtown Fort Myers trolley service continues until May 1, 2019.

Along with seasonal changes, several additional routes have permanent or

seasonal changes.

Permanent changes include:

Route 20, Rosa Parks Transportation Center to the U-Save Shopping Center loop, will have a permanent route path change due to construction in downtown Fort Myers.

Route 40, the Cape Coral Transfer Center to Coralwood Mall loop, will now have the same route path six days a week.

Route 590, the North Fort Myers-Suncoast Estates loop, will offer a new schedule with minor route changes.

Route 595, the North Fort Myers-Pondella loop, will offer a new schedule with minor route changes.

Seasonal changes include:

Route 50, Southwest Florida International Airport to Summerlin Square, will offer a new schedule.

Route 150, Bonita Grande to Lovers Key in Bonita Springs, will offer a new schedule.

Route 600, LinC, Coconut Point Mall to Immokalee Road in Collier County, will now meet with Collier Area Transit (CAT) routes on all trips.

All schedule and route changes went into effect on November 8.

LeeTran is the public transit provider for Lee County, providing more than three million rides per year. LeeTran operates 26 bus routes during season, 23 bus routes during off-season, a paratransit service called Passport, and an employer vanpool program.

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2016 Semi-finalist James Beard
Foundation Rising Star Chef Award
Great Lake Culinary Institute 2009
NoMI, Chicago
Perennial Virant, Chicago



CHEF PAUL VIRANT
Vie (Western Springs, IL), Vistro, (Hinsdale, IL).
8 Time James Beard Foundation Nominee
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Culinary Institute America, Hyde Park, New York
Jean Banchet Award for Culinary Excellence
as Top Celebrity Chef 2007
Michelin Star holder at Vie 2011



CHEF PAT SHEERIN
City Mouse, Ace Hotel Chicago
Chef / Managing Partner Trencherman, Chicago
Executive Chef, Signature Room, Chicago
French Culinary Institute Degree, New York
Bachelor of Arts Michigan State University



CHEF ANDREW ZIMMERMAN
Sepia and Proxi Restaurants, Chicago
5 Time James Beard Foundation
Best Chef Nominee
French Culinary Institute Degree, New York
(1st in Class)
Iron Chef American Winner, Battle Cream Cheese
Michelin Star holder at Sepia since 2011

NOVEMBER 29, 2018



CHEF PAT SHEERIN
Passed Hors d'oeuvres:
Date Glazed Snake River Pork Belly, Chinese Banana Mustard, Cashews
1st Course:
Smoked Skuna Bay Salmon, Everything Spice, Red Onion Yogurt,
Tito's and Tonic pickled Cucumbers, Buckwheat Nest
Poema, Cava Brut Rosé, Conca de Barberá

CHEF ED SURA
Passed Hors d'oeuvres:
Cauliflower, Gruyere, Black Truffle Soy
2nd Course:
Sweet Corn Custard, Edamame, Smoked Peanut, Chili, Shiso
Gewürztraminer, Lucien Albrecht, Alsace, France, 2016

CHEF PAUL VIRANT
Passed Hors d'oeuvres:
Chicken Sausage Beignets, fermented Cherry Bomb Aioli
3rd Course:
Pompano En Papillote, Spinach, Black Truffle, Celery Root Remoulade
Macon Lugny, Louis Jadot, Maconnais and Beaujolais, France, 2016

CHEF MELISSA AKIN
Passed Hors d'oeuvres:
Roasted Corn Blini, Avocado Crème Fraiche, Local Caviar
4th Course:
Duck Confit Ravioli, Smoked Duck Breast, Foie Gras Ganache, Coffee Sand,
Pomegranate-Cranberry Syrup
Pinot Noir, Firesteed, Willamette Valley, Oregon, 2015

CHEF ANDREW ZIMMERMAN
Passed Hors d'oeuvres:
Pork and Shrimp Shu Mai, Smoked Trout Roe, Sweet Soy
5th Course:
Creekstone Farms New York Strip, Wagyu Beef Cheek Pastrami Hash,
Fondant Potatoes, Green Peppercorn Sauce
Syrah, MontGras, Antu, Chile, 2016

PASTRY CHEF LEV DALKE
6th Course:
Biko Cake, Corn Whipped Panna Cotta, Sesame Nougatine,
Puffed Rice, Kabuso Sauce
Hakutsuru, Plum Wine



Will Power

Yesterday’s Planning Upside Down



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Now that the federal gift and estate tax exemption is over \$11 million per person, I’ve had some clients inquire whether they still need their revocable trusts, or if any adjustments should be made to their trusts.

The short answers are “yes” and “yes.”

Revocable trusts do more than plan for estate taxes. They keep our affairs private both in the event of our incapacity as well as our death. In today’s world of identity theft, that’s more important than ever. Revocable trusts also avoid tedious, time consuming and expensive court processes, such as a guardianship in the case of your incapacity or a probate in the event of your death.

But let’s talk taxes.

For those clients whose estates are larger than the current \$11.2 million federal exemption, estate tax planning may still play a role. These clients may have a foundational plan consisting of a revocable trust and related pour over will, durable power of attorney, health care surrogate and living will, among others. Moreover, when one has estate tax issues, advanced planning strategies are often considered.

But what about those of us below the federal exemption? There’s still tax planning involved, but it is income tax planning. There are a variety of issues at play, including maximizing the step-up in tax cost basis that occurs upon someone’s death, the income tax consequences to the beneficiaries of IRAs, 401(k)s, and annuities, as well as the collapsed income tax rate structure for testamentary trusts that continue for our spouse, children, grandchildren or other loved ones.

When the federal estate tax exemption was lower, it was common for married couples to segregate assets into a “husband’s trust” and a “wife’s trust.” Upon the first spouse’s passing, those assets were held in a “Credit Shelter,” “Family” or “Bypass” trust, all of which have the common characteristic of being excluded from the surviving spouse’s estate for federal estate tax purposes.

But for those with estates below the threshold, this planning may no longer be appropriate. Generally speaking, the beneficiaries would like to have a “step up” in tax cost basis not only at the first spouse’s death but also at the second.

Allow me to provide an example. Suppose that Tom and Barbara each have separate revocable trusts, but their combined net worth is lower than the federal estate tax exemption of \$11.2 million, and that net worth is unlikely to rise to that level. When Tom dies, the assets in his trust achieve a “step up.” In other words, the assets are

re-valued at the fair market value as of Tom’s date of death. Any unrealized capital gains that existed the day before Tom’s death, vanished upon his death. If his trust were to sell all of the assets the day following the death at the then fair market value, the capital gain or loss consequence would only be the difference between the selling price and the date of death value.

If Tom’s trust creates a “Credit Shelter, Bypass or Family” trust for Barbara’s benefit for the rest of her life, he’s used his exemption and the assets will not be taxed in Barbara’s estate when she dies.

But we don’t care if those assets are included in Barbara’s estate, because she won’t have an estate tax. In fact, we generally want the assets included in her estate so that the ultimate beneficiaries upon Barbara’s death get another step up in tax cost basis when Barbara dies, eliminating the unrealized capital gains that have accumulated between Tom’s death and Barbara’s death.

This requires a major transformation to Tom and Barbara’s estate plan. I would venture to say that almost all of the recent estate plans that have come into my office in the last year are set up under the “old” planning technique, and that the beneficiaries to many families could minimize taxes if the Toms and Barbaras of the world would revisit their estate plans with someone who understands these issues.

Space constraints don’t allow me to explore other significant income tax opportunities available under the new law. I’ll review those further in future columns.

Hopefully, your takeaway from today’s column is that if you haven’t revisited your estate plan in the last couple of years, it’s probably time to do so.

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Walk A Mile In Their Shoes For Homelessness

The Lee County Homeless Coalition encourages the community to take the Homeless Challenge during Hunger and Homelessness Awareness Month, November 2018, to generate increased community awareness for those living on the streets in Lee County.

The 2018 Homeless Challenge will take place on Saturday, November 17 from 10 a.m. until 8 p.m. During this event, participants will become familiar with the social services network and methods of everyday survival for those who live on the streets. This challenge will provide

participants with an experience that has the power to affect change.

The Lee County Homeless Coalition encourages the community to support homeless service providers during Hunger and Homelessness Awareness Month. Recommendations from the Lee County Homeless Coalition include collecting or donating non-perishable food or clothing, volunteering to serve meals at Lee County feeding sites, volunteering professional services to provide aid to the homeless, asking your employer or school to host or sponsor a fundraising event, or donating funds to a non-profit shelter, food pantry or FPL’s Care to Share program.

To help or learn more, contact Janet Bartos, executive director of the Lee County Homeless Coalition, at 322-6600 or visit www.leehomeless.org.



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Taste Of The Islands

Bar & Grille, Il Cielo, The Jac Island Bar & Grille, Matzaluna, Sandollar, Sanibel Deli & Coffee Factory, Sanibel Fish House, Shima Japanese Steakhouse, Thistle Lodge and The Timbers.

According to event organizers, participating restaurants will offer a mouth-watering array of menu items for \$6 in CROW Bucks or less while competing for honors in a variety of categories. Attendees of the Taste cast ballots to decide the winner of the coveted People’s Choice award.

Dishes to be judged (by category) include:

Best Appetizer

The Clam Shack – Clam Strips; Il Cielo – Escargot Vol-au-vent; The Jac Island Bar & Grille – Pork Belly; Sandollar – Bacon Wrapped Scallops with Tropical Fruit Salad; Sanibel Fish House – Wasabi Crab Cake; Shima Japanese Steakhouse – Tuna Poke Bowl; Thistle Lodge – Spicy Tuna Wedge & Parsnip Mashed Potatoes

Best Seafood

Blue Giraffe – Causeway Quesadilla; Il Cielo – Scallops with Lemon Grass Vinaigrette; The Jac Island Bar & Grille – Grilled Octopus; Sandollar – Shrimp & Crab with Bacon Jam & Tomato;

Shima Japanese Steakhouse – Shima Roll; The Timbers – Crunchy Grouper Fingers

Best Dessert

Doc Ford’s Rum Bar & Grille – Chocolate Banana Bread Pudding with Vanilla Ice Cream & Caramel Sauce; Sanibel Deli & Coffee Factory – Apple Crisp with Vanilla Ice Cream; Sanibel Fish House – Stuffed Key Lime Cheesecake; Thistle Lodge – Florentine & Tropical Fruit Napoleon

Best Meat

Blue Giraffe – El Pastor Tacos; Doc Ford’s Rum Bar & Grille – Texas Ribs with Coleslaw; Matzaluna – Chicken Picatta over Orzo; Thistle Lodge – Short Rib & Gratin; The Timbers – Lamb Chop Lollipop

Best Vegetarian

Il Cielo – Vegetable Ravioli with Roasted Pepper Sauce; Matzaluna – Zoodle Mediterranean

Taste of the Taste will be decided from the above dishes.

Admission to Taste of the Islands, which can be purchased online or at the event, is \$7 for adults and free for children less than 12 years of age. This year’s family-friendly event also features live entertainment by Private Stock Band. Inside The Community House, next door to Sanibel Community Park, guests can meet CROW’s animal ambassadors and bid on silent auction items.

The Forbidden Door



by Di Saggau

The *Forbidden Door* is Dean Koontz's fourth novel featuring rogue FBI agent Jane Hawk. Fans will remember Hawk's background. She was one of the FBI's top agents

until she became the nation's most-wanted fugitive, a happily married woman before becoming a devastated widow. She has discovered an occult nanotech program being implemented by some of the nation's highest leaders. This program turns many people into soulless automatons who are forced to commit suicide, as happened with Hawk's husband. The program puts wealth and power into a very few, select hands. Hawk is on a mission to uncover and destroy the operation while protecting her young son Travis, who has been targeted by the program's operators. The media has named her "the beautiful monster" and too many people believe them.

Jane's enemies hit back hard. If their best operatives can't outrun her, they mean to bring her to them, using her 5-year-old son. Jane knows there's no underestimating her capabilities, but she must battle her way back across the country to the remote shelter where her boy is safely hidden, for now.

One of Koontz's characters is an anxiety-prone latter-day Puritan, while another is an intellectually and physically domineering hulk. The modern Puritan moves nervously from scene to scene, constantly seeking perfection and never finding it, criticizing others to boost his own ego. He compares Hawk to Joan of Arc, but she rejects any likeness

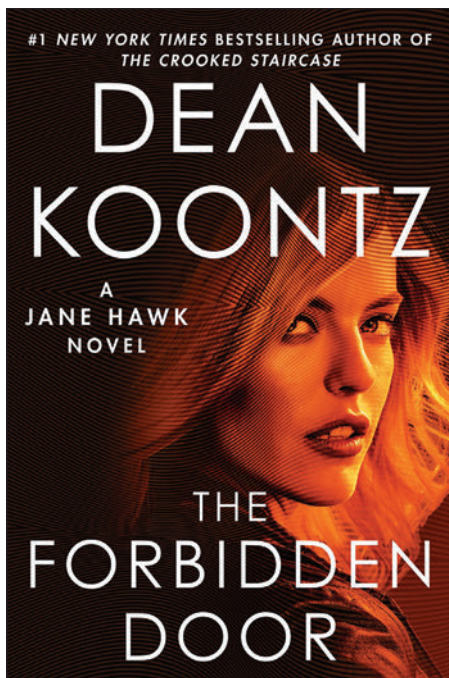


image provided

to the Maid of Orleans with absolute vehemence.

Some of the best scenes in the book involve a plucky 12-year-old girl named Laurie, who is in the clutches of a sadistic, brain-altered female FBI agent. And then there is young Travis, whose emergency Plan B has him and his dogs staying with a kindly, autistic recluse who made millions developing apps. There is nearly always a dog involved in Koontz' stories. *The Forbidden Door* features two gallant German Shepherds, faithful guardians of Travis. He obviously loves dogs because his dog Elsa, a Golden Retriever, gets equal space in his newsletters. It's a nice touch.

As Jane moves resolutely forward, new threats begin to emerge: a growing number of brain-altered victims driven hopelessly, violently insane. With the madness spreading like a virus, the war between Jane and her enemies will become a fight for all their lives, against the lethal terror unleashed from behind the forbidden door.✱

services. Unfortunately, leaving gifted education up to chance increases variability in the quality of services and creates inequities of access for students in poverty, from racial and ethnic minority groups, English learners, and those with disabilities.

In Florida, the Department of Education mandates the identification of, services for and defines a gifted student as one who has superior intellectual development and is capable of high performance, including those with demonstrated achievement and/or potential ability. The state provides some funding to serve these students but not all that is necessary.

According to the Lee County Schools website, "To be eligible for gifted program services, a student must demonstrate a need for a program, a majority of characteristics of gifted students according to a standard scale or checklist, and superior intellectual development as measured by an intelligence quotient of two standard deviations or more above the mean on an individually administered standardized test of intelligence. A gifted student may also be a member of an under-represented group and meet the criteria specified in the approved school district plan for increasing participation of under-represented groups in gifted programs.

The needs of the gifted are unique to the individual. Gifted students have strengths and weaknesses just as other students. A program that provides for their needs is important in helping students develop their abilities. To help meet these needs, Lee County offers a menu of services for the gifted. Students are eligible for gifted services from kindergarten

through grade 12. All Lee County schools offer services for gifted students".

For more information on gifted children, visit the website of the National Association of Gifted Children at www.ngac.org.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

MOAA Dinner Meeting

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held at Crown Colony Golf and Country Club Monday, November 12 at 5:45 p.m. Guest speaker Ettie Walsh, a 96-year-old former WAVE (Women Accepted for Volunteer Emergency Service), worked in Naval Intelligence in Washington, DC during World War II. After her service, she farmed in Mississippi, taught elementary school there and moved to Lee County where she was a substitute teacher.

Former, retired or active duty uniformed officers who are interested in joining MOAA should contact Terry Robertson at 352-638-5838 for membership information.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, I read your article on the gifted a couple of weeks ago and was wondering how parents today know if their child is "gifted" and at

what age are they tested? I looked into it for my son when he was in fourth grade, and the school was offering special science classes that he wanted to take. This was a while ago and in a northeastern state. I was required to take him to a private psychologist, and she administered a two- to three-hour test which was quite expensive. My son's scores were high and he got into the "talented and gifted" program, but I never would have known

he was eligible. What are your thoughts? Thank you.

Jerry L, Sanibel, Florida

Dear Jerry,

The federal government does not provide guidance or have requirements for gifted services, thus students encounter a range of services from state to state and even district to district. Gifted education varies widely across the United States. Although Federal law acknowledges that children with gifts and talents have unique needs that are not traditionally offered in regular school settings, it offers no specific provisions, mandates, or requirements for serving these children. Currently, gifted education is a purely local responsibility and is dependent on local leadership.

According to the Office of Civil Rights within the U.S. Department of Education, in 2011-12, there were approximately 3.2 million students in public schools in gifted and talented programs. Participation varies widely by state and by demographic subgroup. More needs to be done to ensure quality and equity in access to

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Financial Focus

Understanding Risk Tolerance For Success



by Jennifer Basey

To succeed as an investor, you might think you need to know about the economy, interest rates and the fundamentals of companies in which you'd like to invest. And all of these

things are indeed important. But it's most essential to know yourself. Specifically, you need to know how much risk you are willing to tolerate to achieve your goals.

Of course, you've lived with yourself your entire life, so you probably have a pretty good idea of your likes and dislikes and what makes you comfortable or uncomfortable. But investing can be a different story.

Initially, you may believe you have a high tolerance for risk, but if the financial markets drop sharply, and you see that you've sustained some sizable losses (at least on paper – you haven't really "lost" anything until you sell investments for less than what you paid for them), how will you feel? If you find yourself constantly fretting over these losses, perhaps even losing sleep over them, you might realize your risk tolerance is not as high as you thought. In this case, you may need to scale back the part of your portfolio devoted to growth in favor of a more balanced approach.

On the other hand, if you believe yourself to have a low risk tolerance, and you start off investing in a conservative manner, you may indeed to minimize short-term losses – but you also might find yourself frustrated over the slow growth of your portfolio. So you may decide that

being highly risk-averse carries its own risk – the risk of not making enough progress to achieve your long-term financial goals. To reduce this risk, you may need to tilt your portfolio somewhat toward more growth opportunities.

In short, you may have to invest for a while before you truly understand your response to risk. But even then, don't get too locked in to one approach – because your risk tolerance may evolve over time.

When you are first starting out in your career, and for many years after, you are probably investing primarily to accumulate assets for retirement. Consequently, you may need to include a relatively high proportion of growth-oriented vehicles, such as stocks, in your portfolio. While stock prices will always fluctuate, you will have many years, perhaps decades, to overcome short-term losses, so you can possibly afford to take on a greater risk level in exchange for the potentially higher returns offered by stocks and stock-based investments.

However, things can change once you reach retirement. At this stage of your life, your overall investment focus may shift from accumulation to income. This means you will need to start selling some investments to boost your cash flow – and you won't want to sell when prices are down. (Remember the first rule of investing: Buy low and sell high.) To help avoid these "fire sales," you may want to adjust your investment mix by adding more income-producing vehicles and reducing your holdings in growth-oriented ones. By doing so, you will be lowering your overall risk level. Keep in mind, though, that even in retirement, you will need some exposure to growth investments to help you stay ahead of inflation.

Become familiar with your own risk tolerance – it can play a big role in your investment decisions.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✴

Foreclosure And Tax Deed Sale Process Workshop

Educate yourself about the foreclosure and tax deed sale process during a free workshop at Fort Myers Regional Library on Wednesday, November 14 from 1:30 to 3:30 p.m.

The workshop will offer tools on researching, where to locate the auction

calendar and how to make a deposit and place a bid. Also, learn what happens after the sale.

The workshop is presented by the Lee County Clerk of Courts and Attorney Gregory W. Goetz, Esq of Goetz & Goetz Attorneys at Law, who volunteers his time to answer legal questions during the workshop. Reservations are not required but seating is limited

Fort Myers Regional Library is located at 2450 First Street in Fort Myers. For more information, email rmiller@leeclerk.org.✴

Republican Women

Lee County Supervisor of Election Tommy Doyle will be the featured speaker at the monthly Fort Myers Republican Women's luncheon at The Helm Club in The Landings on Tuesday, November 13. A social hour begins at 11:15 a.m., followed by the noon lunch and the business meeting and program.

Cost is \$20.

Doyle will discuss lessons learned from the 2018 elections and how veterans are being assured their votes are counted. JROTC cadets from Oasis High School will serve as the color guard. A question-and-answer session will be held following Doyle's presentation.

The Helm Club in The Landings is located at 4420 Flagship Drive in Fort Myers. For more information and reservations, contact Tina Laurie at 489-4701.✴



From left, Lisa Wright, Karen Benson, Renee Porter Medley, Connie Lizak, Rusty Brown and Sarah Owen photo provided

Legacy Fund Awards \$30K To Help Women

The Women's Legacy Fund (WLF) of the Southwest Florida Community Foundation recently presented their 2018 grant check to the Career Pipeline for Women in Health Care program, a program focused on enrolling women in underserved and underemployed communities in health science education programs at the two Lee County technical colleges, Fort Myers Technical College and Cape Coral Technical College.

The 2018 contributors to the Women's Legacy Fund voted in the spring to design a multi-year grant process in which a three-year partnership would form with an organization that would satisfy the chosen cause area: Increase access and attainment to educational opportunities for women

and girls. This inaugural year for the fund's first three-year grant and partnership is the largest grant to date at \$30,000.

The grant will provide gap funding for qualified female CNA and MA students after other sources of funding have been applied to program costs.

The Women's Legacy Fund is a group of women who combine their contributions in this collective philanthropy initiative to foster the immersion of women in philanthropy and develop the region's next philanthropic leaders.

Since its inception, the WLF has been able to provide more than \$200,000 in grants to benefit people and communities in Southwest Florida, including this year's grant of \$30,000. Currently, the fund has \$860,670 in endowment that will continue to help fund local issues now and in the future.

For more information or to become a contributor, visit www.floridacommunity.com/womens-legacy-fund.✴

Superior Interiors

Change With The Seasons



by Trinette Nelson

The newly arrived holiday season has taken over nearly all aspects of retail life. It can be tempting to grab the festive decorations that consume the aisles and catalogs. A seasonal update

can freshen up both homes and lives, but don't be limited to schemes that will be outdated in a few months. Seasonal enhancements and accessories added to existing furniture can bring a space into the holiday spirit that will continue to add warmth and coziness until the spring months arrive.

Slipcovers are often overlooked as a means of transforming spaces, but they bring different upholstery looks to various settings. Custom slipcovers are a luxury available to enhance any upholstery frame and give it new personality. Hues of gold, deep greens, plums and bronze add the comfort of more temperate weather to a previously summer-based room. Not only does this transition a space into the events of fall, it also carries

over into the winter months, and on through the New Year.

Lighting is a go-to for changing the mood of a home throughout the calendar year. The stark brightness of the summer months can be combated with the help of lamp shades; these also have the power to bring warm, golden tones to warm any room.

Tables seem to be a constant focal point of the holiday season; people tend to gather around a laid-out feast to commemorate their experiences with family and friends. Flowers are timeless centerpieces, but the platform can be spiced up with a decorative bowl or an arrangement of candles. The bowl can be filled with festive ornaments, such as miniature gourds or pumpkins for fall and gold and silver items for winter. A display of a scented, rustic potpourri of nature's beauty can also lead to a welcoming environment. Candles, coupled with valued crystal mounted on mantels, act as accessories and functional contributors to the festive atmosphere. An artful and unexpected addition to a tablescape could also include a collection of small framed photos or sculptural figurines positioned within floral accents. Use your imagination and bring out some of your treasured keepsakes for your guests to enjoy.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecdn.com.✴

United Way Campaign For 2018-19 Launched

More than 800 people celebrated the Kick Off of the United Way of Lee, Hendry, Glades, and Okeechobee's 2018-19 Campaign at the Barbara B. Mann Performing Arts Hall recently. The enthusiastic crowd cheered the announcement of the winner of a two-year lease on a Scanlon Acura and the total of \$6,355,425 raised toward the \$10,301,386 goal.

"We thank everyone for coming out this morning and helping to get this year's campaign off to such a great start. It's wonderful to see such a large turnout. By your attendance it is easy to see that we have all come together to make sure that United Way and the United Way network of partner agencies continues to be there for our community, providing critical services to those in need," said United Way Board Chair David Fry. "Over the past 62 years our United Way has raised and distributed over \$166 million dollars and has helped our community's social service network change the lives of countless numbers of people in our community."

Fry congratulates and thanked 2017-18 campaign chairs Beth Hendry and John Clinger who led United Way to its first ever \$10 million dollar goal. "Under their leadership, we not only met the goal, but exceeded the goal and raised \$10,000,133, a 4-percent increase over the prior year," said Fry. "This marked the



Campaign Co-Chairs Linda Doggett and Robert Shearman with the thermometer showing 62 percent of the United Way goal achieved photo provided

25th consecutive year that our United has either met or exceeded its goal."

Members of the local Boy Scouts and Girl Scouts carried the flags and led the Pledge of Allegiance. Leanora Holloway from the Quality Life Center's Teen Program sang God Bless America, and Major Timothy Gilliam of The Salvation Army gave the invocation.

Rachel Pierce and Clay Miller, NBC-2 morning anchors and emcees, called the final five contestants up to the stage for the drawing for a two-year lease on a new Acura from the John Scanlon Auto Group. The winner was Joanne Lashey of Henderson, Franklin, Starnes and Holt,

PA. The car drawing was an incentive for the donors to the 2017-18 Campaign. Everyone who gave \$240 or more to last year's campaign was entered into the random drawing.

United Way Campaign Chairs Linda Doggett of Lee Clerk of Courts and Robert Shearman of Henderson, Franklin, Starnes, and Holt, talked about the campaign and the campaign theme: The Power of U. "This year's campaign goal is \$10.3 million. For that ambitious goal to be met, it is going to take a collective effort," Doggett said. "One person's gift, united with many, can make a stronger community for all of us. The Power of U

is the power of United Way."

Shearman added, "The Power of U" is more than just a logo. It is more than just a slogan. It is about people. It's about community. It's about keeping 92 percent of every dollar raised right here in Lee, Hendry, Glades, and Okeechobee counties. The Power of U is about our networks. It's about 96 agencies serving the people of our community. Helping children who are hungry, families that may be in crisis, helping our veterans find jobs and supporting our seniors. The Power of U is truly the Power of All of Us."

United Way Pacesetter Chairs Cindy Hawkins of Wiltshire Whitley, Richardson, and English, and Peter Dulac of Enterprise Holdings announced the Pacesetter results that represents 62 percent of the goal, the highest dollar amount ever reported at Kick Off.

Publix again broke the \$1 million mark by raising the most of any of the Pacesetter Companies with \$1,770,301. The remaining top 10 Pacesetter companies include: 2. Bonita Bay Group with \$500,230; 3. Chico's FAS with \$250,000; 4. FineMark National Bank & Trust with \$210,530; 5. LCEC with \$209,003; 6. Enterprise Holdings with \$208,038; 7. Lee Health with \$197,154; 8. Lee County School District with \$153,485; 9. McGriff Insurance Services with \$110,961; and 10. Lee Board of County Commissioners with \$108,000

All money raised in the United Way Campaign stays in the local community to help support the local human service network of partner agencies. For more information, call 433-2000 or visit www.unitedwaylee.org.

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Two Big Season-Ending Professional Golf Tournaments Return This Year



by Ed Frank

It's that time of the year again when many of the world's top men and women golfers come to our area for two season-ending tournaments that draw huge crowds and provide big pay-offs to the winners.

CME Group Tour Championship

This brings the world's best 72 women golfers to the Tiburon Golf Club in Naples next weekend for this unique event, with a \$500,000 check to the winner of the Tournament Championship title.

In addition, \$1 million goes to the champion of the Race to the CME globe – a season-long points qualifying format based on performances of every LPGA tour event.

The final entry field of 72 will not be determined until the conclusion of this weekend's Blue Bay tournament on the Hainah Island in China.

In 2017, Florida's Lexi Thompson won the \$1 million Race to the CME Globe and Ariya Jutanugarn was the CME Group Tour Champion taking home the \$500,000 winner's purse.

After the reset of points following this weekend's tournament in China, the players in the top five positions will be eligible to win the CME Globe with a win of the CME Tour Championship, and the players in the top 12 positions will have a mathematical chance to win the CME Globe.

Yes, it's both a complicated and exciting format.

QBE Shootout

This marks the 30th year of Greg Norman's Shark Shootout that has been known by several names as the prime tournament sponsor changed. Despite the name changes, Hall of Famer Greg Norman has hosted each of the tournaments.

This year's shootout also returns to the Tiburon Golf Club in Naples from December 5 to 9 where 12 two-person teams compete for the \$3.4 million purse.

This year's field includes 12 of the top 50 ranked players in the world who have won 13 PGA tournaments this year. Four past champions, including one winning team, also are in the field.

Defending champions Sean O'Hair and Steve Stricker will attempt to become the first team to win back-to-back shootouts since 2004.

Kevin Chappell and Kevin Kinser will be a team for the third straight year, and Tony Finau and Lexi Thompson are paired together for the second year in a row. The QBE shootout is the only PGA Tour event to have a female professional competing in each of the last three years.

The remaining field for this year's shootout is: Billy Horschel-Brandt Snedeker; Harold Varner III-Bubba Watson; Byrson DeChambeau-Kevin Na; Patton Kizzire-Davis Love III; Pat Perez-Kyle Stanley; Emiliano Grillo-Grame McDowell; Charley Huffman-Gary Woodland; Charles Howell III-Luke List; Luke Donald-Andrew Landry.

In announcing the field, Norman said, "In the last four years, the champions have had to execute on the final hole to win the title, and with this field and these teams, it should continue to be a very close contest right to the end again this year."

The shootout will feature a scramble format in the first round, a modified alternate shot format the second day and a final round four-ball for the Sunday final round.

CureSearch for Children's Cancer is the tournament's primary charitable beneficiary. Since 1989, the shootout has raised more than \$13 million for charitable causes.*

Veterans Resource Fair

Hodges University will host a Veterans Resource Fair and Family Day on its Naples campus on Saturday, November 17 from 10 a.m. to 3 p.m. The event, which is sponsored by Wounded Warriors of Collier County, is free and open to the public.

"We value our veterans for their service to our country," said Dr. John

Meyer, president, Hodges University. "This event is a day of family fun for them, their families and the community. We are proud to offer a variety of resources and services, which they can learn more about during this event."

The event will also feature family-friendly activities, including a petting zoo, swamp buggy, armored vehicles and an inflatable obstacle course. Food vendors will also be onsite.

Hodges University is located at 2647 Professional Circle in Naples. For more information, call 938-7833.*

Red Sox Online Auction Funds Scholarships

As part of its continuing community outreach efforts, the Red Sox Foundation has created a two-week online auction to help fund scholarships for local high school students. Now through November 18 at 8 p.m., fans can access the online auction at www.redsox.com/fenwaysouthauction.

A total of 30 unique items are available and range from experiences, autographed memorabilia and travel packages. Some highlights of this year's auction include: Watching a 2019 Red Sox Spring Training Game in a suite with Boston Red Sox Hall of Famer Tim Lincecum; throwing out a ceremonial first pitch at a 2019 Red Sox game at Fenway Park along with four tickets to

that game; a three-day, two-night stay at the Drury Inn in Fort Myers along with a \$300 Hertz gift card, four front row, behind-the-dugout seats to a 2019 Spring Training game at JetBlue Park as well as four grandstand seats to the following game and VIP Pregame Tour, \$100 gift card to Seasons 52 and \$100 to Iguana Mia; autographed memorabilia by Chris Sale, David Ortiz, JD Martinez, Mookie Betts and Dustin Pedroia; and a three-day, two-night escape to the JW Marco Island Marriott including a wave runner tour for two and a round of golf for four at Eagle Creek Country Club

Each year, the Lee County Red Sox Scholarship awards a \$5,000 college scholarship to one deserving student from each of the 13 public high schools in Lee County. In the past six years the Red Sox Foundation has raised more than \$260,000 for local nonprofits and scholarships.

For more information, visit www.redsoxfoundation.org.*

SPORTS QUIZ

1. In 2017, Cincinnati's Scooter Gennett became the second player since 1901 with four home runs and at least 10 RBIs in a game. Who was the other?
2. In the 1960s, three San Francisco Giants combined to win the National League home run title in seven seasons. Name the three.
3. When was the last time before 2014-16 that the University of Tennessee's football team won three consecutive bowl games?
4. Name the last NBA team before the Cleveland Cavaliers in 2016 and 2017 to win their first seven playoff games in consecutive seasons.
5. Patrick Kane set a record for the U.S. men's hockey team at the Ice Hockey World Championships in 2018 by tallying a total of 20 points. Who had held the record?
6. Jocelyne Lamoureux-Davidson set a women's hockey record at the 2018 Winter Games for fastest back-to-back goals in Olympic history (six seconds). Who had held the mark?
7. Who was the last men's golf major championship winner before Francesco Molinari in 2018 (British Open) to play the final two rounds without going over par on a hole?

ANSWERS

1. St. Louis' Mark Whiten, who had four home runs and 12 RBIs in a game in 1993. 2. Orlando Cepeda (1961), Willie Mays (62, 64, 65) and Willie McCovey (63, 68, 69). 3. It was the 1994-96 seasons. 4. The Minneapolis Lakers in 1949 and 1950. 5. Richard Roberge, with 16 points in 1962. 6. Canada's Caroline Ouellette scored goals 16 seconds apart in 2006. 7. Steve Elkington, at the 1995 PGA Championship.

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FGCU President Mike Martin, center, and other dignitaries breaking ground on the Student and Community Counseling Center on October 30 photo provided

FGCU Breaks Ground On New Center

Florida Gulf Coast University is expanding access to mental and behavioral healthcare for underserved populations in Southwest Florida. The university officially broke ground Tuesday on its Student and Community Counseling Center.

The 27,000-square-foot facility will feature a community counseling clinic. The building's new clinic creates improved access to group counseling, psychoeducation and counseling services to Southwest Florida's underserved populations, including children, adolescents and families, at little or no cost to them. This training facility will be staffed by advanced graduate student interns under the supervision of licensed faculty supervisors.

"The Student and Community Counseling Center will serve as the hub that uniquely integrates the university's academics through our counseling department in Marieb College of health and human services and the services through our counseling and psychological services (CAPS)," said Robbie Roepstorff, vice chair of the FGCU Board of Trustees. "It is a great example of successfully blending the classroom and the community."

Vital to the construction of this facility was a gift by David and Alise Bartley, who came to FGCU with the intention of creating a community counseling clinic.

"If there's a more relentless person on behalf of this project anywhere, I can't find her because Alise Bartley has taken that position," said FGCU President Mike Martin. "That passion is expressed in so many ways. This is going to be a tribute and a legacy that you can take pride in long after the many years we all get to serve here."

Alise Bartley, who is currently a visiting professor in the FGCU counseling department, said, "Integral to the DNA of the community counseling center is our desire to support the Southwest Florida community in times of need, whether it's through direct counseling and consultation services, training, collaboration, outreach or prevention."

Bartley announced that the fee for services for community members will be "\$25 per hour or whatever you make an hour, whichever is the least."

CAPS will relocate to the new facility. The department is the principal behavioral health counseling service for FGCU's 15,000 students. CAPS provides four distinct functions on campus: direct counseling and therapy services; training; consultation and collaboration; and outreach and prevention. The Office of Adaptive Services will also be housed in the three-story building. The office's mission is to enhance access for students, faculty, staff and guests with disabilities by providing effective reasonable accommodations through educating the campus community and promoting equal access and opportunity.

President Martin noted that the project could not have happened without the work of numerous members of the campus and greater community. Also present at the groundbreaking ceremony was Jeff Muddell of the Lee Health Foundation.

"I think everyone in this community is even more acutely aware of the mental health needs, many of which are going unaddressed," said Muddell. "It's going to take FGCU and so many community partners to meet the demand of this community. Lee Health is very excited about finding ways to partner with this counseling center, to bring up counselors and clinicians – develop them right here in this community so they can serve and take care of the patients in this community."

The Student and Community Counseling Center is slated to open in the fall of 2019 and is expected to cost \$8 million to construct.✱

an official project of Save America's Treasures, a Florida Historic Landmark and a National Register Historic Site. The Edison Botanic Laboratory is a National Historic Chemical Landmark.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonfordwinterestates.org or call 334-7419.✱

Local Retirement Communities Host Student Career Program



Sen. Lizbeth Benaquisto (R-Fort Myers, 27th District), front right, joins students from FGCU and administrators of Cypress Cove and FGCU in a visit Friday photo provided

Cypress Cove at HealthPark Florida and Shell Point Retirement Community recently hosted a partnership program to introduce selected and interested Florida Gulf Coast University (FGCU) students to career opportunities within Southwest Florida's senior living communities.

The first-of-its-kind joint program was the brainchild of Lee FP President Doug Dodson, whose organization oversees development of the Cypress Cove Life Care Community, and by Shell Point President Martin Schappell.

Sen Lizbeth Benaquisto, R-Fort

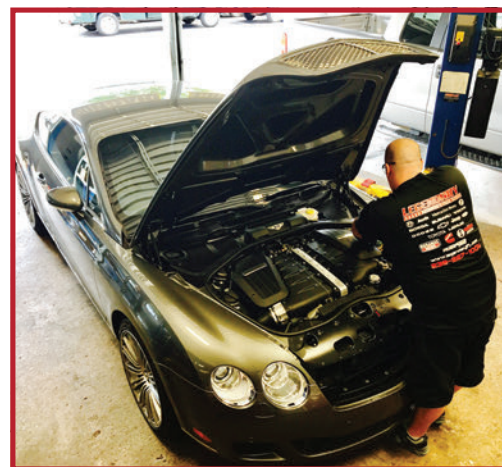
Myers, 27th District, a leading supporter of senior living development in Southwest Florida, was among those leaders meeting with and explaining to prospective FGCU graduates the "short and long-term opportunities for them within this region."

What better place, she indicated, than to draw students from area educational institutions. "Our local universities are really top in the state in health sciences and administration education. So (this) was an opportunity to show some of these students the gems in senior living that are near and available to them."✱

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From page 1

Estates

through the location each year from all around the globe. The organization has received many awards, including the National Stewardship Award from the National Trust for Historic Preservation and the National Garden Clubs' Historic Preservation Award. The property is



From left, Pierce Augustenborg, Lexi Augustenborg, Lee Golden, Michelle Golden, Sara Fitzpatrick, W. Jeffrey Mudgett

Arts On Tap Fundraiser Raises Over \$40,000

On October 20, the Alliance for the Arts welcomed more than 300 artists, arts supporters, beer lovers and cultural philanthropists to its Arts On Tap fundraiser. Arts On Tap, now in its second year, is a taste of creativity in the Alliance gallery, featuring the craft of local brewers.

The event rased over \$40,000. All funds directly support the Alliance's mission to transform lives and improve the community through the arts. Since 1975, the Alliance's year-round schedule of events have become a staple for the community through engaging gallery exhibitions, inspiring art classes from fine art life drawing to the art of beer-making and stimulating theatre productions that range from the classics to the cutting edge. Proceeds support a creative hub that spurs and supports self-expression, access and equity, imagination, and individuality by connecting community through the arts.

Partyoers enjoyed live entertainment from musician Matty Jollie as well as



Matty Jollie

unlimited tastings from participating breweries and restaurants, the Dia de los Muertos juried exhibit, twisted pub games, a silent auction and a raffle.

Participating crafters include Big Blue Brewing, Bury Me Brewing, Coastal Dayz Brewery, Eight Foot Brewing, Fort



From left, Cantrella Canady, Sonya McCarter, Nancy Gibbson, Sandra Dixion and Lydia Black



From left, Cesar Aguilera, Cheryl McDunnah Logan, Dale Ocasio and Stephanie Davis

Myers Brewing Company, Momentum Brewhouse, Palm City Brewing, Point Ybel Brewing Company and Scotty's Bierwerks and culinary creations from Cristof's, Judi Mae Cookies, Pretzel Crips, Smallcakes Fort Myers and University Grill.

The event was sponsored by Briers CPA, Custom Packaging and Products, The Dorcey Law Firm, EnSite, GMA Architects & Planners, HBKS Wealth Advisors, Priority Business Solutions, Sanibel Captiva Community Bank and Seminole Casino Hotel.*



From left, Ian Keith, Melissa Vogt and Jordan Veit



Keara Trummel and Bob Coleman



Dislandys Acosta Bravo and Rich Bravo

From page 1

Theatre Conspiracy

in attendance, are special benefactors of the theater. He said, in their honor from here on out, it's The Bruce and Janet Bunch New Play Award. The audience gave the couple a standing ovation for their generosity. Now playing at Theatre Conspiracy is *The Elephant Man*, which opened November 8. For tickets, call 939-2787, visit www.artinlee.org/theatre or stop by the Alliance for the Arts, located at 10091 McGregor Boulevard in Fort Myers.✱



Ronald Treaseh and Lyn Bruner
photos by Di Saggau



From left, Roberta Malcolm, Cantrella Canady and Anne Dodd



From left, Michelle Pescatrice, Nancy Antonio and Joel Pescatrice



From left, Alan and Edina Lessack with Cheryl and Barry Fulmer

Local Homeless Veterans Group Gains Assistance

The Lee County Tax Collector's Office continued its support for Hearts and Homes for Veterans Inc. with a recent \$500 check presentation to former Army Sgt. Maj. David Santini, director of the Fort Myers-based nonprofit that supports homeless veterans and their families.

"As an Air Force veteran, this is an issue that hits home for me," Tax Collector Larry Hart said. "We have a responsibility to these people who have sacrificed so much to protect our freedom. Our staff understands this and goes the extra mile to make sure veterans in need have the necessities of life."

The Tax Collector's Office has raised more than \$5,000 for the organization over the past four years through the efforts of staff, who've conducted candy and bracelet sales, and the kindness of Tax Collector customers, many of whom have donated their change to the fundraising initiative.

Hearts and Homes for Veterans interacts with 30 to 40 veterans every week, providing service on four tiers. The first step is getting veterans in homes. The second is to make an empty house a home. The third part involves keeping veterans in their homes through financial support. The final goal is to encourage veterans who've received assistance to help other veterans in need.



Hearts and Homes for Veterans Inc. Director David Santini, a former Army sergeant major, accepts a check on behalf of the organization from Lee County Tax Collector employee Michelle Shayer. photo provided

The organization is one of about a dozen nonprofits the Lee County Tax Collector staff supports through various initiatives throughout the year.

"Giving back is at the core of what we do here at the Tax Collector's Office," Hart said. "We want the whole community to know we've got your back."

Visit www.leetc.com to see all of the services the Lee County Tax Collector provides.✱

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Health Benefits Of White Sage



by Suzy Cohen, RPh

Dear Readers:

White sage is known botanically as *Salvia apiana* and can be purchased in a bundle. You can also drink it as a tea. This plant has impressive medicinal properties and is used in many wellness rituals. I think some people mistakenly assume you can get high off it, but you can't. I also want to emphasize this is a medicinal herb for everyone – it's not just for new agers – and its benefits were put on Earth for all to utilize.

Sage is just like every other herbal remedy you've heard of. You can take herbs as a dietary supplement (think ginger, echinacea or dandelion)... you can drink tea from the plant (think chamomile or coffee), or you can apply an herb as a compress (think of calendula). You can distill plants and inhale their essential oils, (think of lavender or peppermint). It's all medicine. I'm just giving you a new way to extract the medicine from a plant, by burning it, and this practice is referred to as smudging.

Here are five benefits of white sage:

1. Treats sinus infections – You can inhale the aroma given off a burning white sage bundle for a few minutes, or you can drink it as a tea. However you do it, it's the compound called "eucalyptol" also known as 1,8-cineole that, when inhaled, reduces painful sinus inflammation. It may kill the associated pathogens too. That's pretty amazing considering the side effects of prescribed antibiotics and antihistamines.

2. Calms a sore throat – Sage leaf tea is a proven strategy for alleviating a sore throat, at least according to

the U.S. Department of Agriculture Plant Guide. Sage tea as you know will reduce mucous secretions of the sinuses, throat and lungs.

3. Relieves menstrual pain – White sage tea might provide relief from menstrual period cramps and possibly some symptoms of menopause like sweating and hot flashes. This benefit occurs because sage contains phytoestrogens, which are plant-derived estrogens.

4. Provides cleansing energy – Sage is kind of like an eraser, it will help remove the day's burdens and ease emotional suffering. It may help with mild anxiety or depression. Smudging is the quickest way because, when you inhale, the compounds go straight to your bloodstream and brain. Just FYI, the practice of burning herbs (aka smudging) is a non-religious one. You're just burning plant leaves rather than swallowing the supplement. If you'd like, you can certainly pray while you burn the medicine.

5. Cleans the air – Burning the embers of sage (aka smudging) in a room is helpful if someone is sick. My tip is designed to clean a room where someone has been coughing or sneezing from pneumonia, or influenza, for example... and you desire to clear the air space of these germs so you don't catch it too.

If you work in nursing homes, clinics or hospitals, you might want to go home and smudge yourself to help deter infection from pathogens that hitched a ride on your clothes. Research has found that burning sage for an hour reduced the levels of bacteria in the air by 94 percent, and this benefit lasted for 24 hours.

If you don't want to burn it, drinking sage tea is an option. You can make your own white sage tea, or buy a commercially prepared form at health food stores and online.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✧

HealthPark Earns Baby-Friendly Designation

HealthPark Medical Center recently gained international recognition when it was named a Designated Baby-Friendly birth facility from Baby-Friendly USA. It joins Cape Coral Hospital and Gulf Coast Medical Center as the third Lee Health hospital to earn this title.

"The hospital experience is critical for mothers who intend to breastfeed, and earning a Baby-Friendly designation is validation for the exceptional work our team does to support breastfeeding moms and babies. We must support new mothers immediately after birth

to help them establish breastfeeding early. This gives infants the best and healthiest start in life," said Carol Lawrence, supervisor of perinatal practice, education, research, and lactation at HealthPark Medical Center.

Baby-Friendly USA, Inc. is the United States authority for the implementation of the Baby-Friendly Hospital Initiative (BFHI), a global program sponsored by the World Health Organization (WHO) and the United Nations Children's Fund (UNICEF). The initiative encourages and recognizes hospitals and birthing centers that offer an optimal level of care for breastfeeding mothers and their babies.

To learn more about the Baby-Friendly Hospital Initiative, visit www.babyfriendlyusa.org.✧

Doctor and Dietician

Nordic Diet



by Ross Hauser, MD
and Marion Hauser, MS, RD

Have you heard of the Nordic diet? It's taken from traditional Nordic meals of Denmark, Finland, Norway, Iceland, Sweden and Greenland and consists mainly of fish, cabbage, rye bread, oatmeal, apples, pears and root vegetables. Like the popular Mediterranean diet, the Nordic diet leans towards more fruits, vegetables and organic food intake. This plant-leaning nutrition style encourages whole grains rather than processed, sugary foods. Meals are homecooked, with an emphasis on food from the sea, lakes and wild countryside, and consist of less meat.

Dark, dense rye bread is a popular Nordic food that is rich in fiber. Whole grain rye appears to help normalize glucose levels and provide tumor inhibition in prostate cancer. Berries are common too, playing a healthy role as

an antioxidant source that helps keep arteries healthy and flexible, which may decrease blood pressure levels.

The long coastlines provide rich sources of fish, with herring and mackerel being traditional Nordic foods. The omega-3 fatty acid content may lower the incidence of heart arrhythmias, lower triglycerides and lessen plaque buildup.

Beans and peas are a major source of complex carbs in the Nordic diet and are a great protein source, which can replace some of the calories from red meat. They also have lots of nutrients like riboflavin, B6, calcium, zinc and iron.

What about the results? Does the incidence of chronic disease decrease by following the Nordic diet? Some studies say it does. For instance, the consumption of whole grain rye bread was associated with a lower mortality in men. Following a traditional Nordic diet may also decrease cholesterol levels and insulin sensitivity.

While more specific benefits of the Nordic diet are still being evaluated, we know eating fresh, whole foods, while avoiding processed and sugary foods, is a healthy way to go overall.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

Beautifulife:

Fall In Love



by Kay Casperson

Are you in love... with your life? What do you love about fall? The word fall means many things to me. Fall is a time to embrace change and to look forward to a clean, crisp smell in the air

and in our surroundings. It is a time for weather changes, new colors in the leaves and changes in nature.

Fall can also be a fun time for wardrobe changes and altering our everyday routines. No matter where you live, I know for sure, we all look forward to bringing out those sweatshirts and cozy sweaters.

There is no better time than now to reflect on the things you love about your life and also the things that you want to make better or different. The warm hues of fall bring a beautiful feeling of comfort and calm. I can't think of a better, more relaxing thing to do than to snuggle up in my comfy sweatshirt and a blanket, and watch a favorite movie or the football team I'm rooting for that day.

I encourage you to embrace this time

to fall in love with your life all over again and to reflect on the beautiful things you have accomplished, but also have yet to do. Make a list of the areas in your life that are heading in the right direction and working out great for you. Then, also make a list of the things that might not be going as planned and that you may need to change direction on or create a new plan for. This can be an excellent time to make those much-needed repairs on your home, look into a new hairstyle or get a whole new look. Start to think about decorating for the holidays, bring out the throw blankets and focus on a project you have been putting off.

The most important thing that fall reminds me of is that it is a new season for many things... love, life, health, family, friendships, projects, work, visitors, clients and many new success stories. Take this time to embrace it and do whatever it takes to fall in love with your beautiful life all over again.

My affirmation for you this week is: "I will embrace this time to make any changes needed to fall in love with my life today and every day."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✧

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Blondie And Betty

Hello, my name is Blondie, and I am a 10-year-old female chihuahua pocket-sized senior pet. Although I am blind, I will come right to you when you call me and can navigate my way around quite well.

My adoption fee is \$25.

Hi, I'm Betty. I'm a 6-month-old female domestic shorthair. I love everybody. I am is a bundle of love that likes to play and run around and rub up against the brush on my cattery door. Stop by and meet me today.

My adoption fee is \$10, and you can adopt me and get another kitty for free.

Fall in Love with your new best friend during LCDAS' fall promotion that enables those interested to adopt a dog age 5 months or older for just



Blondie ID# A75662



Betty ID# A752154

\$40, and cats for \$10 throughout the month of November.

Although fees are reduced, the adoption package still includes spay or neuter surgery, age-appropriate vaccinations, flea treatment, feline AIDS and leukemia test for cats, heartworm test for dogs age 6 months and older, Lee County license for pets 3 months or older, microchip ID and a 10-day health guarantee. The adoption package is valued at more than \$500.

For more information, call 533-7387 (LEE-PETS) or visit www.leelostpets.com. Also visit our Facebook page or Instagram @leeanimalservices. The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit [Lee County Domestic Animal Services at www.leegov.com/animalservices](http://LeeCountyDomesticAnimalServices.com) or call 533-7387.✱

Haven on Earth Animal League

Siamese And Dylan

Hi! I'm a beautiful 12-year-old male Siamese cat named Siamese. I am a very sweet kitty and am in need of a new home as my human can no longer keep me. I am looking for a quiet home with someone who wants to give me lots of affection. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.

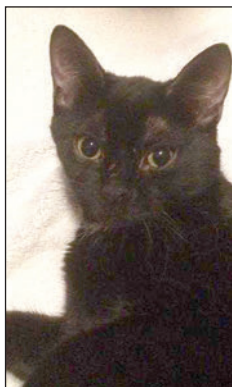
Hello, I'm Dylan. Aren't I just adorable? I'm only 8 months old, so I'm quite



Siamese

the playful kitten. I like other cats and hope I can find a home with another young kitty to play with. I'm neutered and up to date on all vaccines. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email earthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✱



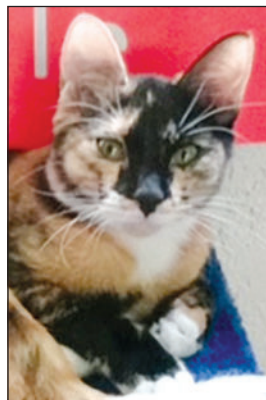
Dylan

PAWS Of Sanibel

Brava And Lucy



Brava



Lucy

Two very unusual and beautiful sisters are up for adoption. One is tortoiseshell cat with white or calico features, while the other is a dilute tortoiseshell.

These photos do not do them justice, as they are much more adorable in person. Adopt one, or keep them together and adopt both. They are four and five months old. They come with complete vet check-up, all shots, tests, wormed, treated with flea preventative and spayed.

Call Pam at PAWS at 472-4823 to adopt one or both.✱



Sonny



Cher

Sonny And Cher

This is Sonny and Cher. Some of you may remember them. Three years ago, four kittens, the momma and three kittens were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.✱

THE RIVER WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

EIGHT VOCALISTS LEFT

ACROSS

- | | | | | | | |
|---|---|---|------------------------------------|---------------------------------------|---------------------------------------|--------------------|
| ACROSS | 1 Phase | 52 Person held in custody | 92 Solder stuff | 3 Look sulky | 36 "Black Ice" rock band | 86 Rice-A — |
| 7 Animals with two legs | 53 — -dieu (prayer bench) | 93 Gulf republic | 4 Nobody — (only mine) | 37 Active sort | 88 Thing split in fission | |
| 13 Eyelash makeup | 54 Seoul's region: Abbr. | 95 Switchboard worker | 5 Store assistant | 38 Stud fee? | 89 Dog in Oz | |
| 20 1960s space program | 55 King, in Nice | 97 Balkan republic | 6 Marisa of Hollywood | 40 It's a must | 90 Dunkable treat | |
| 21 Earhart in a cockpit | 56 Certain Greek | 99 Warning message [BENNETT] | 7 Cabo's peninsula | 43 One behind a batter | 94 Aleutian island | |
| 22 Hires | 57 "— dare?" | 101 Lover boy | 8 "I believe," to texters | 44 Oman's currency unit | 96 San Diego ball team | |
| 23 218 or more seats in Congress [BROWN] | 59 2010 Kevin Spacey film [MITCHELL] | 103 A bit warm | 9 — diem | 45 Blah feeling | 98 Actor Fraser | |
| 25 Simple tunes | 62 Sleuth's tidbit | 104 Bovine call | 10 Wallach of Hollywood | 46 Muscle jerk | 99 Not single-sex, as a school | |
| 26 16th-cen. nun of Avila | 64 Hailed car | 105 Setting of hearings for minors [DION] | 11 NFL great Mike | 47 Wince at, e.g. | 100 Decide (to) | |
| 27 Bird of New Zealand | 66 Bus. | 110 — -tat-tat | 12 "Know what I'm —?" | 49 Mad as heck | 102 Jubilant | |
| 29 Magazine for a fashionista | 67 Wrist wear | 114 Algerian port | 13 City north of Mecca | 50 Lawn bowling game | 105 Lower cheeks | |
| 30 "SCTV" bit | 68 Cod or koi | 115 Purim's month | 14 Vocalist | 51 Many Punjabis, religionwise | 106 — the Hittite | |
| 31 Heart-tugging facet of a media story [SIMONE] | 71 Romanian tennis great [SEDAKA] | 116 Lover's tune | 15 Vocalist DiFranco | 54 Mall station | 107 Vocalist Frankie | |
| 36 Oral health org. | 75 Letters after wyes | 120 Ocelot, e.g. | 16 Provider of dishes | 58 Nauru and Fiji's area | 108 Rebels' ring | |
| 39 Wed | 76 Artist for a comic book | 123 Supporting vocalists (or an apt alternate title for this puzzle) | 17 Quick-footed | 60 Pirate realm | 109 Sermonize | |
| 41 Heighten | 78 Up — point | 127 Jack of fitness fame | 18 Film rolls | 61 Guy playing bebop, say | 111 Seed cases | |
| 42 Verses using visual devices [GABRIEL] | 79 Dieter's target, often | 128 Wisdom goddess | 19 Thing of use | 63 John at the piano | 112 Basic belief | |
| 48 Golden Arches sandwiches with barbecue sauce | 80 Dr. — (1990s TV therapist) | 129 Ogle | 24 Sagacious | 65 Purse | 113 Fury | |
| | 82 Substantial number [CALLAS] | 130 Climbed, as a rope | 28 Slim and muscular | 68 Shrill flutes | 116 Argue (with) | |
| | 85 "... — iron bars a cage" | 131 Not so fat | 31 Mod | 69 Dazzled | 117 Streamlined, for short | |
| | 87 Salad | 132 Disco effect | 32 Idealistic | 70 T-bar user | 118 Uncolorful | |
| | 91 Farm mother | | 33 Painter Jan van der — | 72 Bettor's slip | 119 Punta del — | |
| | | DOWN | 34 The Bard's "— of Athens" | 73 Less cloudy | 121 Channel for Jake Tapper | |
| | | 1 Oohs and — | 35 Place in trust | 74 Diner | 122 Meth- ender | |
| | | 2 Jaguar mark | | 77 Allotment | 124 Third of a dance move | |
| | | | | 81 Whig's rival | 125 Writer Kesey | |
| | | | | 83 Florida city | 126 Article in Arles | |
| | | | | 84 Capote, to friends | | |

King Crossword

ACROSS

- | ACROSS | | | | | | | | | | | | | | |
|--------|----|----|----|----|----|----|----|----|----|----|----|----|----|--|
| 1 | 2 | 3 | | 4 | 5 | 6 | 7 | 8 | | 9 | 10 | 11 | | |
| 12 | | | | 13 | | | | | | 14 | | | | |
| 15 | | | | 16 | | | | | | 17 | | | | |
| | | | | 18 | | | | 19 | | 20 | | | | |
| 21 | 22 | 23 | | | | | 24 | | | | | | | |
| 25 | | | | 26 | | 27 | | 28 | | | | 29 | 30 | |
| 31 | | | 32 | | 33 | | 34 | | 35 | | | | | |
| 36 | | | | 37 | | 38 | | 39 | | 40 | | | | |
| | | | 41 | | | 42 | | 43 | | 44 | | | | |
| 45 | 46 | | | | | | 47 | | | | | | | |
| 48 | | | | 49 | | 50 | | | | 51 | 52 | 53 | | |
| 54 | | | | 55 | | | | | | 56 | | | | |
| 57 | | | | 58 | | | | | | 59 | | | | |

26	Pirates' quaff	49	In the style of Percy Bysshe	7	Jordan's capital	32	Scrabble piece
28	Detox center, for short	54	Zero	8	Garden tool	34	Marsh mari- gold
31	Half quart	55	Lukewarm	9	Stunner	37	Goes on momentum
33	And so on (Abbr.)	56	First lady	10	Libertine	39	Relinquishes
35	Strike from the text	57	Ailing	11	Resistance measures	42	Lucy's pal
36	British term for sonar	58	Hits with an open hand	16	Science workshop	44	Appomattox VIP
38	— sauce	59	Tit for —	20	As yet unpaid	45	Hindu prin- cess
40	Meadow			21	Kelly of TV	46	Wicked
41	Plumlike fruit			22	Eye part	50	Clean air org.
43	Bequeathed			23	Hollywood Bowl structure	51	Still
45	Prepare left- overs			27	Peaks (Abbr.)	52	Actress Gardner
47	Spot			29	Sheltered, at sea	53	Butterfly catcher
48	Rd.			30	Rosary com- ponent		

DOWN														
1	Urban trans- port													
2	Fire residue													
3	Ball prop													
4	Wan state													
5	Naive woman, on stage													
6	Spy novel org.													

MAGIC MAZE ● THE BACKYARD

E E B Y V S H Q N K H E B Y W
N T R O L J C G E B Y E W U R
P E N K I G R D B Z X C V S Q
O M D K I G O E E C A N H Y N
W U (T R A M P O L I N E) T W S
Q P N S A L J O H K D F A F S
E C A Y O G O S X G N L B H B
V U S Q P P W E E N M I D T U
K J H F E I M S T E C B R A R
Z Y X V N U T O R A R Q I P H
P O M G L K I H C H G T B G S

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Birdbath	Hedges	Pool	Swing
Compost	Hoses	Porch	Trampoline
Fence	Lawn	Shrubs	Trees
Gate	Path	Sprinkler	



"Talk about a cheap date — he's taking her _____."

answer on page 31

SCRAMBLERS

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

Leave
SINGER _____

Area
ANGER _____

Pilfer
OGREAF _____

Postpone
ROUNDJA _____

TODAY'S WORD

4			5					1
	8			3		2		
	3	5			7		9	
2				9		6		
		8			6		1	
	9		4				5	2
	1			5			4	
7			1			5		
		2			3			7

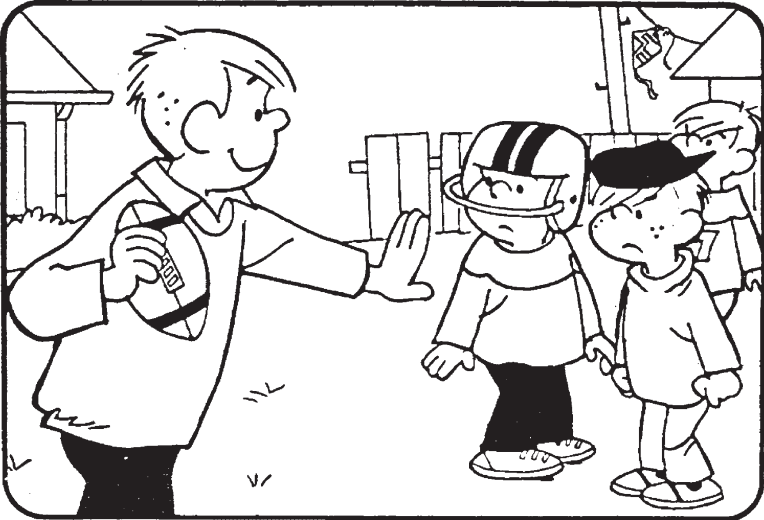
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

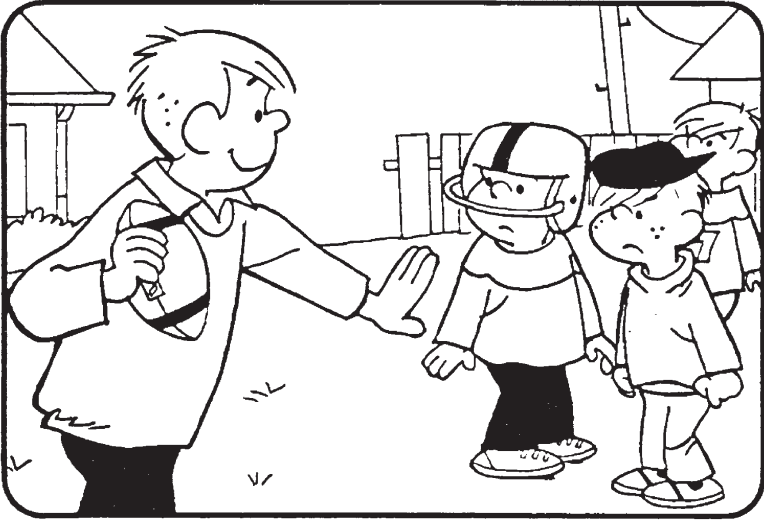
answer on page 29

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Football is turned. 2. Arm is moved. 3. Fence is shorter. 4. Helmet stripe is missing. 5. Kite is missing. 6. Shirt is shorter.



Zucchini Chocolate Cake

1 small zucchini, grated (do not squeeze out water content)
1 small squash, grated (do not squeeze out water content)
1 cup all-purpose unbleached flour
1/2 cup 100 percent unsweetened cocoa powder
1 teaspoon baking soda
1/2 teaspoon sea salt
1/4 cup unsalted butter, softened
3/4 cup light brown sugar
1/4 cup oil
2 eggs, room temperature
1 tablespoon pure vanilla extract
1 cup mini semi-sweet chocolate chips
Preheat oven to 350 degrees. In a large bowl sift together the flour, cocoa powder, baking soda, and salt. Next add softened butter, oil, eggs, brown sugar, vanilla and mix until blended (batter will appear dry). Fold in 3/4 cup of mini chocolate chips and the grated squash and zucchini until combined (do not overmix). Pour batter into buttered 9x9 loaf pan and sprinkle remaining chocolate chips on top. Bake for 50 minutes, remove from oven and allow to cool slightly. Serve warm or room temperature.

Chef tip: this recipe can also be baked in muffin tins.✪



Zucchini Chocolate Cake

photo courtesy Fresh From Florida

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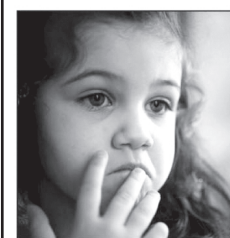
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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS




Harry Chapin Food Bank
OF SOUTHWEST FLORIDA




FRIDAY
Mostly Sunny
High: 82 Low: 75




SATURDAY
Mostly Sunny
High: 81 Low: 74




SUNDAY
Sunny
High: 79 Low: 72




MONDAY
Sunny
High: 74 Low: 67



TUESDAY
Sunny
High: 77 Low: 70



WEDNESDAY
Partly Cloudy
High: 80 Low: 73



THURSDAY
Mostly Cloudy
High: 82 Low: 71

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	12:29 am	7:49 am	3:07 pm	6:38 pm	Fri	2:12 pm	7:51 am	None	6:40 pm	Fri	12:48 am	8:11 am	2:33 pm	8:05 pm	Fri	2:39 am	11:05 am	5:17 pm	9:54 pm
Sat	12:57 am	8:29 am	3:57 pm	7:02 pm	Sat	12:02 am	8:31 am	3:02 pm	7:04 pm	Sat	1:10 am	8:50 am	3:17 pm	8:37 pm	Sat	3:07 am	11:45 am	6:07 pm	10:18 pm
Sun	1:29 am	9:12 am	4:55 pm	7:32 pm	Sun	12:34 am	9:14 am	4:00 pm	7:34 pm	Sun	1:32 am	9:28 am	4:00 pm	9:06 pm	Sun	3:39 am	12:28 pm	7:05 pm	10:48 pm
Mon	2:05 am	10:00 am	6:06 pm	8:12 pm	Mon	1:10 am	10:02 am	5:11 pm	8:14 pm	Mon	2:02 am	10:06 am	4:43 pm	9:29 pm	Mon	4:15 am	1:16 pm	8:16 pm	11:28 pm
Tue	2:48 am	10:54 am	7:19 pm	9:25 pm	Tue	1:53 am	10:56 am	6:24 pm	9:27 pm	Tue	2:44 am	10:45 am	5:30 pm	9:52 pm	Tue	4:58 am	2:10 pm	9:29 pm	None
Wed	3:42 am	11:53 am	8:11 pm	11:22 pm	Wed	2:47 am	11:55 am	7:16 pm	11:24 pm	Wed	3:32 am	11:35 am	6:22 pm	10:24 pm	Wed	5:52 am	12:41 am	10:21 pm	3:09 pm
Thu	4:57 am	12:53 pm	8:46 pm	None	Thu	4:02 am	12:55 pm	7:51 pm	None	Thu	4:25 am	12:43 pm	7:15 pm	None	Thu	7:07 am	2:38 am	10:56 pm	4:09 pm

PUZZLE ANSWERS

SUPER CROSSWORD

A	S	P	E	C	T		B	I	P	E	D	S		M	A	S	C	A	R	A	
A	P	O	L	L	O		A	M	E	L	I	A		E	N	G	A	G	E	S	
H	O	U	S	E	M	A	J	O	R	I	T	Y		D	I	T	T	I	E	S	
S	T	T	E	R	E	S	A		K	I	W	I			E	L	L	E			
			S	K	I	T		H	U	M	A	N		I	N	T	E	R	E	S	
A	D	A					U	N	I	T	E			R	A	I	S	E			
C	O	N	C	R	E	T	E	P	O	E	T	R	Y		M	O	R	I	B	S	
D	E	T	A	I	N	E		P	R	I	E			K	O	R		R	O	I	
C	R	E	T	A	N		D	O	I		C	A	S	I	N	O	J	A	C	K	
			C	L	U	E		C	A	B			C	E	O		W	A	T	C	H
F	I	S	H		I	L	I	E	N	A	S	T	A	S	E		Z	E	E	S	
I	N	K	E	R		T	O	A		G	U	T		K	A	T	Z				
F	A	I	R	A		M	O	U	N	T		N	O	R		T	O	M	A	T	O
E	W	E			T	I	N		I	R	A	N		O	P	E	R	A	T	O	R
S	E	R	B	I	A		C	A		C	A			I	O	N	A	R			
			R	O	M	E	O		T	E	P	I	D				M	O	O		
J	U	V	E	N	I	L	E		C	O	U	R	T		R	A	T	A			
O	R	A	N		A	D	A	R						S	E	R	E	N	A	D	E
W	I	L	D	C	A	T		B	A	C	K	U	P		S	I	N	G	E	R	S
L	A	L	A	N	N	E		A	T	H	E	N	A		L	E	E	R	A	T	
S	H	I	N	N	E	D		L	E	A	N	E	R		S	T	R	O	B	E	

KING CROSSWORD

B	A	T			P	I	C	A	S		B	R	O
U	S	E			A	N	I	M	E		O	O	H
S	H	E	L	L	G	A	M	E			M	U	M
			A	L	E		A	D	O	B	E	S	
R	I	B	B	O	N		N	E	W	S			
I	R	A		R	U	M		R	E	H	A	B	
P	I	N	T		E	T	C		D	E	L	E	
A	S	D	I	C		S	O	Y		L	E	A	
		S	L	O	E		W	I	L	L	E	D	
R	E	H	E	A	T		S	E	E				
A	V	E			S	H	E	L	L	E	Y	A	N
N	I	L		T	E	P	I	D		E	V	E	
I	L	L		S	L	A	P	S		T	A	T	

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ANNUAL RENTAL

SANIBEL
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10/19 ★ 11/9

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11/2 ★ 11/16

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Fishing poles, end tables, paddle board, misc. kitchen, baby items, bedding, tools, bike, military uniforms, book shelves. Priced to sell. 1734 Bunting Lane, Sanibel Friday and Saturday Nov. 9 and 10, 8 a.m. to 1 p.m.
11/9 ★ 11/9

MOVING SALE

All furniture, Kitchen items, outdoor furniture and grill, generator, yard equipment, shell mirrors, crafting items, tandem bicycle, and alot more. 1035 South Yachtsman, Sanibel November 16 & 17, Friday and Saturday from 9-1.
11/9 ★ 11/16

Fair At Fenway South Returns

The Fair at Fenway South returns to JetBlue Park from November 9 to 11 and again on November 15 through 18. It will run from 5 to 11:30 p.m. on Fridays and from 1 to 11:30 p.m. on Saturdays and Sundays.

Returning for 2018 is the Pirates of the Caribbean Show, where guests can see pirates walk a high-wire plank, and fair favorite and award-winning Illusionist Lance Gifford, who will continue to amaze fairgoers with his fast-paced and highly entertaining magical illusion show. There will also be a new horse show, racing pigs and more.

On Friday and Saturday nights at 10 p.m., the Las Vegas hypnotist show will make believers of the audience, as the hypnotist persuades a man to dance like Beyoncé, convinces fairgoers it's sunny at night and more. The fair also features Cowtown USA Educational Exhibit where attendees may pet and feed dozens of farm animals and numerous demonstrations each day. These attractions as well as live entertainment and shows are free with fair admission.

Admission to the fair is as low as \$1

on Thursday, November 15 and just \$4 per person at other times with a two-for-one admission discount available at www.fairatfenway.com. Pay-One-Price unlimited ride wristbands are also available at a discount through the website before the start of the fair for \$20 each.

Vendor space and sponsorships are available.

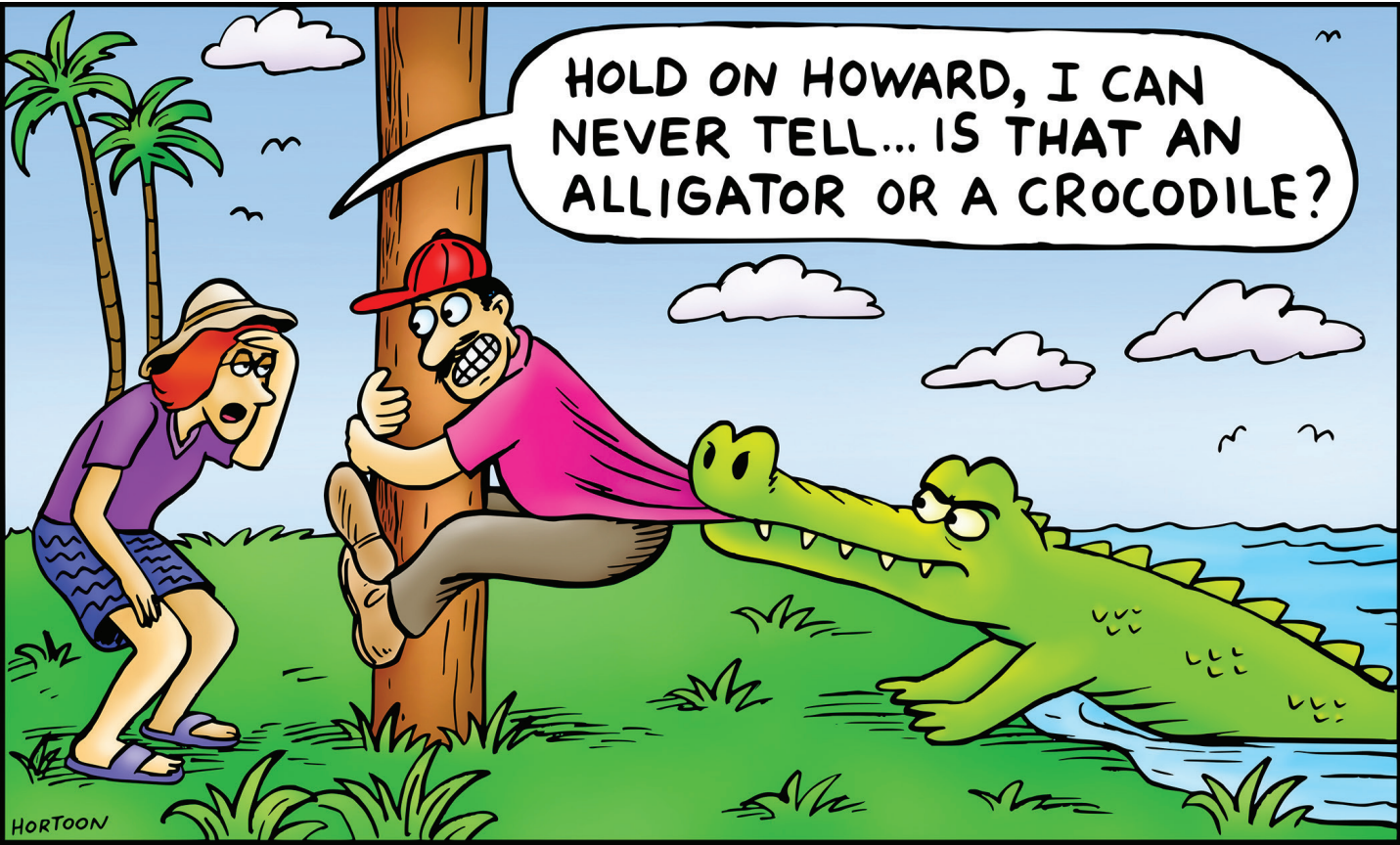
A portion of the proceeds from the fair will benefit the Jordan Schuman Foundation for Kindness. Attendees can stop by Jordan's Wishing Well and drop a wish into the well.

JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. For more information, visit www.fairatfenway.com.

A Ferris wheel pictured at sunset at a previous Fair at Fenway South photo provided



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Today's Word
JOGGING

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Fort Myers	Fort Myers	2017	9,219	\$7,777,777	\$7,000,000	1
Metes And Bounds	Sanibel	1975	2,366	\$1,949,000	\$1,800,000	403
Town And River	Fort Myers	2017	2,704	\$1,350,000	\$1,247,500	26
Cape Coral	Cape Coral	2008	3,564	\$1,100,000	\$990,000	194
Lakemont	Bonita Springs	1993	3,399	\$1,098,500	\$1,000,000	385
Edgewater	Fort Myers	1998	2,746	\$924,900	\$885,000	28
Fort Myers	Fort Myers	2005	2,400	\$899,000	\$879,900	13
Bonita Beach	Bonita Springs	1980	1,643	\$849,000	\$803,500	68
Corkscrew Shores	Estero	2016	4,185	\$799,999	\$780,000	32
Lexington Country Club	Fort Myers	1999	3,100	\$739,900	\$730,000	0



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